

Measuring heat activity

Temperature changing

mass

Heat

Specific Heat

The diagram shows the equation  $Q = cm\Delta T$  in large red font. Four light blue rectangular boxes are connected to the equation by thin blue lines. One box is positioned above the 'm' and is connected to the label 'mass'. Three boxes are positioned below the equation: one under 'Q' connected to 'Temperature changing', one under 'c' connected to 'Specific Heat', and one under 'ΔT' connected to 'Heat'.

$$Q = cm\Delta T$$