

Expressing worries

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5 ★ Look at the pictures. Complete the dialogues with these expressions.

I feel sick I've got butterflies in my stomach
My heart's pounding My legs feel like jelly
My hands are shaking I feel really nervous



1 • Are you looking forward to your date with Tim?
◦ No, I feel really nervous.



2 • Are you nervous about the exam?
◦ Yes, _____.



3 • OK. You're on stage next.
◦ Oh, _____.



4 • Are you worried about going to the dentist's?
◦ Yes, _____.



5 • Are you going to see the head teacher now?
◦ Yes, _____.



6 • You don't look very well.
Are you OK?
◦ No. _____.

Listen. Choose the situations and worries that people express in column A. There are some situations and worries that are not needed.

A Name B Situation C What if...

1 Eric

2 Martha

3 Brett

4 Lucy

5 Joe

6 Carrie