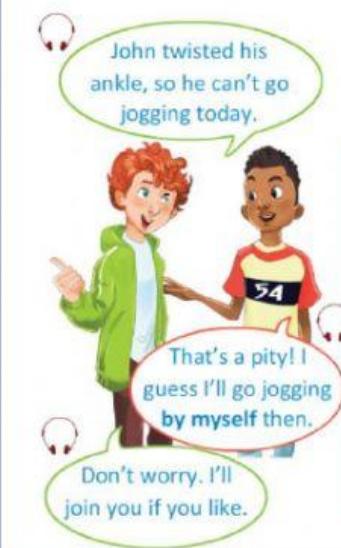


Reflexive pronouns

5e Grammar

5 Read the theory.



Reflexive pronouns

singular	myself	yourself	himself/herself/itself
plural	ourselves	yourselves	themselves

We use **reflexive pronouns**:

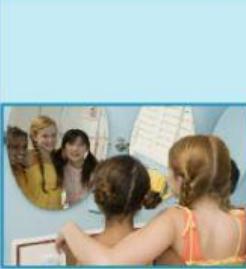
- with the verbs *burn*, *cut*, *hurt*, *look at*, *teach*, etc when the subject and the object of the verb are the same. **Sally hurt herself** while playing **hockey**. (Sally hurt **Sally**.)
- with or without *by* to show that someone did something **on their own** or **without any help**. **Chris installed the exercise machine (by) himself**.
- in the phrases: *enjoy yourself*, *behave yourself*, *help yourself*, *be yourself*, *do it yourself*. **Help yourself to some fruit!**

Note!

We do not use **reflexive pronouns** with the verbs *meet*, *relax*, *concentrate* and *feel*. You should try to relax.

(NOT: ~~You should try to relax yourself.~~)

Reflexive pronouns



We use **reflexive pronouns** with verbs such as **behave**, **burn**, **cut**, **enjoy**, **hurt**, **introduce**, **kill**, **look at**, **teach**, etc, when the subject and the object of the verb are the same person.

I	→ myself
you	→ yourself
he	→ himself
she	→ herself
it	→ itself
we	→ ourselves
you	→ yourselves
they	→ themselves

She hurt herself.
(subject) (object)

Note: We do not use **reflexive pronouns** with the verbs *meet*, *relax*, *concentrate* and *feel*.

 *The girls are looking at themselves in the mirror.* 

Reflexive pronouns



We use reflexive pronouns with the expressions: **enjoy yourself** (have a good time), **behave yourself** (be good), **help yourself** (you're welcome to take something you want) **be yourself** (act naturally, according to your character), **do it yourself** (you personally and not anybody else)

I	→ myself
you	→ yourself
he	→ himself
she	→ herself
it	→ itself
we	→ ourselves
you	→ yourselves
they	→ themselves

She hurt herself.
(subject) (object)

 *Jack behave yourself!* 

Fill in the gaps with a reflexive pronoun where necessary. Put a dash (-) if a reflexive pronoun is not needed.

Reflexive pronouns

myself

1 Harry is teaching how to play the guitar.

yourself

2 Katie practised her tennis serve yesterday by .

himself

3 Jake likes to relax after a hard workout at the gym.

herself

4 Sally and Mark prepared the salad .

itself

5 Enjoy at the football match, Alan!

ourselves

6 Ben's in hospital. He hurt while playing rugby.

yourselves

7 I didn't help Beth with her homework. She did it all by .

themselves

8 Can you help me? I can't carry everything by .

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