



DAILY ACTIVITIES!

There are things we do EVERYDAY to stay healthy!

1. Watch the video about healthy habits and learn the actions!



2. Match the picture with the phrases.

Some actions we do in the

In the MORNING

In the AFTERNOON

In the EVENING

At NIGHT





3. Grab the box and NAME the daily activities:



EAT BREAKFAST

TAKE A SHOWER

BRUSH MY HAIR

DO HOMEWORK

BRUSH MY TEETH

WASH MY FACE

GO TO BED

WASH MY HANDS

READ A BOOK

TAKE A BATH



4. Order the activities in the correct column

