

Healthy and Unhealthy food

Activity 1: Watch the images and choose the correct answer with an X

1



A) I don't like pizza

☐

B) I like hamburgers

☐

C) I like pizza

☐

2



A) I don't like ice cream

☐

B) I like ice cream

☐

C) I don't like rice

☐

3



A) I like apple

☐

B) I don't like apple

☐

C) I don't like pineapple

☐

4



A) I like white onion

☐

B) I like purple onion

☐

C) I don't like purple onion

☐

5



A) I like rice

☐

B) I like pasta

☐

C) I like bread

☐

6



A) I like white onion

☐

B) I like garlic

☐

C) I don't like garlic

☐

Activity 2

Read the word underlined and match it with the correct image. Then read the sentences and write **T** if the sentence is true and **F** if the sentences is false



Pizza is unhealthy food

☐

Carrots are healthy food

☐

Rice is unhealthy food

☐

Purple grapes are healthy

☐

Spinach is unhealthy

☐

Chips are healthy

☐

Egg is healthy

☐

Cake is healthy

☐

Activity 3

Answer the questions

1

What is your favourite vegetable?

2

What is your favourite fruit?

3

What is your favourite healthy food?

4

What is your favourite unhealthy food?