

# HEALTH INSTRUCTOR READING

*Read the text and choose the best word for each gap.*

If you want to (1) \_\_\_\_\_ a salary and (2) \_\_\_\_\_ your health, you might think about (3) \_\_\_\_\_ a health instructor. Health instructors get (4) \_\_\_\_\_ exercise. As you help others get (5) \_\_\_\_\_ shape, you stay in shape yourself. Health instructors (6) \_\_\_\_\_ tend to have good habits such as eating right and drinking plenty of water.

(7) \_\_\_\_\_, fitness instructors have good social lives. Social interaction is also important for (8) \_\_\_\_\_ good health. So, health instructors are usually physically fit and rarely (9) \_\_\_\_\_ depression. So are you thinking about being a health instructor for your career?

