



Reading

Activity 1. Read the following text.

A DAY IN MY LIFE

Hi! I'm Anna and I'm 10 years old. I'm from England.

Let me tell you about my daily routine. On weekdays I usually wake up very early, at six o'clock. Then, I go to my football practice. I get home at eight o'clock and I have breakfast. I always eat toasts and drink orange juice. After breakfast I brush my teeth and have a shower.

At one o'clock I have lunch with my family. In the afternoon I go to school with my friends and my sister Sarah. At school I study a lot and read many books. In the breaks I listen to music. After school I go to English classes.

I get home at seven o'clock and I do my homework. Then, I feed the cat, I feed it every day. In the evening I watch TV or play video games.

I have dinner at ten o'clock and I go to bed at twelve o'clock. Before going to bed I read a book and brush my teeth.

Activity 2. Are these sentences true (T) or false (F)

- a. Anna is from Argentina. ____
- b. On weekends she usually wakes up early. ____
- c. She goes to football practice in the morning. ____
- d. Anna has lunch with her friends. ____
- e. At school she studies and read books. ____
- f. Anna gets home at seven o'clock. ____

Activity 3. Complete the sentences with information from the text.

- a. Anna _____ and _____ after breakfast.
- b. On school breaks Anna _____.
- c. After school she _____.
- d. She _____ every day.
- e. Anna _____ and brushes her teeth before going to bed.

Use of English

Activity 1. Complete the questions with 'what' or 'when'.

- _____ do you have dinner?
- _____ does Karen do in the evening?
- _____ time do you have breakfast?
- _____ do Tim and John do after school?
- _____ do you play chess?

Activity 2. Complete the sentences with the correct form of the missing verb.

- Susan _____ lunch with her brother every day.
- On weekends, I _____ up very late.
- George and his friends _____ football in the afternoon.
- I _____ homework in the evening.
- He _____ the dog every morning.

Activity 3. Match the questions with the answers.

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| a. What time do they go to bed? | a. In the afternoon. |
| b. When do you do your homework? | b. At 11 o'clock, at night. |
| c. What does she do on weekends? | c. I have dinner and take a shower. |
| d. Does he wake up early? | d. No, he wakes up late. |
| e. What do you do at night? | e. She plays chess with her friends. |

Activity 4. Complete the sentences looking at the pictures.

- It's _____ 
- She _____  at _____ 
- Micaela _____  at _____ 
- I _____  in the morning.

go to bed – have breakfast – wake up – have a shower – go to school – have dinner –
do homework

Hi!

Listening

1. Listen and decide if the sentences are true (T) or false (F).

- a. Dan gets up late. _____
- b. At 8 o'clock he has a small breakfast. _____
- c. After breakfast Dan goes to university. _____
- d. Dan sometimes goes to the cinema after school. _____
- e. He usually goes to bed at 10 o'clock. _____

2. Listen again and complete the sentences with words from the box.

has a shower – has dinner - wakes up – gets dressed – has lunch - swims

- a. Dan _____ every day at 5 o'clock.
- b. He _____ from 6 o'clock to 8 o'clock.
- c. At 8 o'clock Dan _____, _____ and has breakfast.
- d. At about 2 o'clock he _____.
- e. He _____ at 7 o'clock.