

1. Identify **TWO** foods mentioned in the passage that are filled with sugar. Type your answers in the boxes below.
2. Based on information you heard in the audio, what are **TWO** ways that sugar can affect a student's performance in school. Select the correct answer.
3. 'The brain begins to **crave** more sugar.' Which word below has the same meaning as the word '**crave**' as it is used in the statement? Select the correct answer.
 - a. desire
 - b. identify
 - c. produce
 - d. reject
4. Based on information mentioned in the audio, which statement below implies that there are some sugars that are good for you? Select the correct answer.
 - a. Eating sugar makes a person feel good.
 - b. Scientists studied the effects of bad sugars on the brain.
 - c. We should have one dessert a day.
5. According to information given in the audio, what is a healthy choice that can be used instead of soda? Select the correct answer.
6. To what is eating too much sugar compared to in the audio? Select the correct answer.
 - a. An alcohol addiction
 - b. A sugar addiction
 - c. A drug addiction
 - d. A weight addiction