

**READING**

**1. Read the text and choose the correct answer.**

- a) What is **not** true?
- b) What is the school's conclusion?
- c) ... students got better writing skills.
- d) A problem is that sometimes students...

**2. True, False, or Not in the text?**

- a) The experiment took three months.
- b) The children had to take five different vitamins.
- c) 80% of the students improved their reading skills.

**USE OF ENGLISH**

**3. Complete the sentences with the correct word.**

- a) Clara has a ..... , so she can only use her left hand.
- b) I have a ..... , my skin is very hot but I feel cold.
- c) I have a ..... , I can't stop coughing and sneezing and I don't feel very well.
- d) I usually have ..... with milk for my breakfast.
- e) I'm a vegetarian. I don't eat .....
- f) In Spain people often eat 12 ..... on 31<sup>st</sup> December to welcome the New Year.
- g) My brother has a ..... , I think he ate a lot of sweets and other bad things for him.
- h) Older people often have ..... and they need to take pills or have a special diet.
- i) Some students feel ..... because they cannot do their activities.
- j) You need ..... to make bread.

**4. Complete these sentences with must, mustn't or the correct or the correct form of have to.**

- a) You ..... get 10 to pass an exam.
- b) We ..... protect our planet, it is the right thing to do.
- c) I am going to prepare dinner, but you ..... help me, only do it if you want to.
- d) You ..... respect other people.
- e) Peter ..... go to school in the summer.
- f) You ..... hit other students, or you will have problems.
- g) I can't stay for a long time, I ..... be home before 8 o'clock.

**5. Complete the sentences with the correct form of can, could or must (affirmative or negative).**

- a) I ..... do the maths homework last night. It was too difficult.
- b) When ..... Matt fix the car?
- c) You ..... make so much noise here.
- d) Jason ..... come with us because he's got football practice.
- e) My grandfather ..... run a marathon when he was young.
- f) I ..... clean the kitchen before my parents come home.

**Vitamins that boost student's brainpower**

A secondary school says that they have improved their students' reading and writing skills by giving the children vitamins.

Children took the vitamins and had three extra lessons during the three-month experiment. The children who took the vitamins could read and write better than those who didn't. The children could also concentrate better on their homework.

The children were tested on their reading and writing skills before and after the experiment. Teachers discovered that after the experiment 58% of the children had improved their reading skills and 18% had improved their spelling and writing skills.

Teachers believe that the experiment shows how a poor diet with not many vitamins affects children's learning. The school now has lessons to teach the children how to eat healthily.

**improve:** mejorar

**6. Complete the sentences with the words below. Use each word once.**

can't • should • must • could • mustn't • can • shouldn't • couldn't

- a) You ..... do some sport if you want to be healthy.
- b) Dolphins ..... swim very fast.
- c) When I was 5 years old I ..... speak Japanese. My parents thought I was a genius!
- d) You ..... cheat in exams.
- e) You ..... open the door if you don't have the key.
- f) You ..... help your parents at home.
- g) You ..... listen to things that other people say about you, it will make you sad.
- h) Last year, we ..... travel to Japan because we didn't have any money.

**7. Complete the text with the correct modal verbs.**

When our parents were teenagers, they walked a lot and rode bicycles. They ..... also dance quite well. So, what is different with teenagers today? They ..... do all these things, but they choose to spend a lot of time indoors. Teenagers ..... spend too many hours in front of a TV or computer. It's unhealthy. But not all teenagers enjoy exercising or doing sport. What ..... they do instead? Dance hip-hop! It's good for your heart and muscles and it's fun. You ..... buy any special equipment for hip-hop. But you ..... wear good shoes and you ..... put on excellent music! Also, you ..... forget to drink a lot when you dance hip-hop. Try it!

**LISTENING**

**8. Listen to the dialogue a complete with the correct information.**

- a) 'Medical Action Now' sends ..... to areas with problems.
- b) 'Medical Action' Now has ..... volunteers ready to travel.
- c) Tomorrow, 'Medical Action Now' is going to help victims of a .....
- d) It's the worst disaster in that city for ..... years.
- e) The speaker asks people to help raise money by .....