

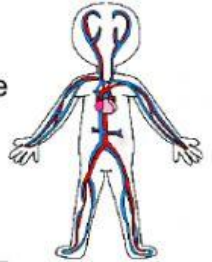


10 FACTS ABOUT THE CIRCULATORY SYSTEM

Arteries – blood – balance diet – aorta – heart – veins – heart – do exercise – organs – heart – oxygen – cava – nutrients – oxygen – 100.000

1. The **main function** of the circulatory system is to **carry nutrients** and _____ to **all the organs** of our body.

2. The circulatory system **is made up of** the _____, the _____ and the blood vessels.



3. The **three types of blood vessels** are: _____, _____ and capillaries.

4. **Arteries** transport the blood **with** oxygen and nutrients from the _____ to the _____.

5. **Veins** transport the blood **without** oxygen and nutrients from the organs to the _____.

6. **Capillaries** are thin blood vessels that give the organs the necessary _____ and _____.

7. The **heart pumps** approximately _____ times **per day**.



8. The **most important artery** in our body is _____.

9. The **main vein** in our body is _____.

10. Three things we can do to **take care of the circulatory system**:

- _____.

- Eat a _____.

- Keep active.

