

3 Theological Virtues - Faith, Hope and Love

They come from Heaven and are gifts of God. Once we get these gifts, we can develop them by asking for it.

Act of faith

My God, and all that Church teaches, *because You have said it, and Your word is true.*

Act of Hope

My God, I hope in You, , *because of Your promises, Your mercy and Your power.*

Act of Love

My God, , *I love You with all my heart, and for Your sake, I love my neighbor as myself.*