Upper- intermediate 2021

Follow-up Units 1 and 2

A) Reading: Read the text about kitesurfing and choose the correct option.

1. Cumbuco village has only a small permanent population.
2. Most tourists go to Cumbuco because they want to rest and relax.
3. According to the text, windsurfing and kitesurfing are equally dangerous
4. Cumbuco is well liked by kite surfers because of its climate.
5. Constant professional support for kite surfers is available in Cumbuco.

Kitesurfing in paradise

The tiny fishing village of Cumbuco in Brazil only has about 1600 residents, but it has many more visitors every year. Indeed, Cumbuco is becoming a very popular tourist destination, but it's not for the peace and quiet that people go there; it's because it's the perfect location for an extreme sport that ***takes your breath away***!

Kite surfers stand on a surfboard and hold onto a special 'kite' with their hands. They're pulled along by the wind, like in windsurfing; however, unlike windsurfers, kite surfers are lifted into the air for long periods of time. This makes the sport even more dangerous than windsurfing and means that kite surfers can encounter many difficulties.

Cumbuco is a popular destination for kite surfers because of its perfect weather conditions and its long white sandy beach. It's always warm, with an average sea temperature of 23−25° and, more importantly, wind is practically guaranteed for most of the year.

Nevertheless, it's really important to ***keep an eye on*** the weather. If the wind suddenly blows in the wrong direction, ***before long*** you could be flying away from the beach and land ***in the middle of nowhere***, surrounded by sharks. Yikes!

Needless to say, anybody who wants to try kitesurfing should get lessons first. In Cumbuco, where kitesurfing is taken seriously, lessons are offered to kite surfers of all levels and experts are always ***on hand*** to help.

LIVEWORKSHEETS

B) Use of English

Activity 1: Complete the text with the words and phrases in the box.

back up	click	download	log off	turn off

Digital devices have caused problems for me in the past, so I've learned to protect mine. One of the most important things I've learned to do is **(1)** _____ any important files I keep on them. There's nothing worse than when you've written a big project for school and you lose all of your work at the last minute because your computer breaks down. You also have to be careful about what files you **(2)** _____ from the net as files sometimes contain viruses – don't **(3)** _____ on links to websites that you don't trust. It's a good idea to **(4)** _____ your device when you've finished using it so that it doesn't get too hot. It's also important to protect yourself online. Make sure you've got a strong password for your email and always **(5)** _____ when you finish using it – it's not safe simply to close the page.

Activity 2: Read the sentences and choose the correct option a, b or c

1. You can't get to the top if you don't take _____
a) Attempts
b) Risks
c) Tasks

2. Nothing beats achieving your _____
a) Dreams
b) Fears
c) Obstacles

3. We have to _____ our problems and not run away from them.
a) Face
b) Achieve
c) Reach

4. I don't think I _____ my potential as a free diver.
a) Encountered
b) Fulfil
c) Overcome

LIVEWORKSHEETS

5. Why didn't you _____ the offer of free skydiving course?
a) Risk
b) Reach
c) Take up

6. Just imagine a teenager _____ to circumnavigate the world alone!
a) Attempting
b) Taking
c) Reaching

7. Of course you'll _____ difficulties on this trip
a) Achieve
b) Encounter
c) Fulfil

8. Jordan was on top of the world when he _____ the summit.
a) Overcame
b) Took up
c) Reached

Activity 3: Complete the sentences with the words in the box. Then say if the sentences are present simple (*PS*), present continuous (*PC*) or present simple passive (*PSP*).

becoming	**involves**	**go**	**learning**	**loves**
needed	**taught**	**wants**	**watching**	**worn**

1. A lot of my friends _____skateboarding at weekends. ___

2. Jenny's _____ how to windsurf this month. ___

3. Free running _____ a lot of physical exercise. ____

4. Snowboarding classes are _____at the dry ski slope on Mondays. ___

5. Rock climbing is _____ very popular. ___

6. Jonah _____ to try skydiving. ____

7. Sally and Luke are _____ a programme about extreme sports. ___

8. Protective clothing is _____ by volcano surfers. ____

9. A parachute is _____ for skydiving. ____

10. Everyone in my family _____ rock climbing. ____

LIVEWORKSHEETS

Activity 4: Complete the text with the word(s) in brackets. Use the past simple (in the passive or active voice) or past continuous form of the verb.

Hi Vicky. You never answer your phone! Why **(1)** _____ (not, be) at school today? While I **(2)** _____ (walk) home from school I called you, but you **(3)** _____ (not, answer). Is everything OK? In biology we watched the documentary that Mr Smith **(4)** _____ (mention) to us at the beginning of the week. I can't believe you weren't there to see it! It was about some people who'd gone skydiving. But … something went wrong and they fell into the middle of the ocean by accident. Nobody could find them and they **(5)** _____ (surround) by sharks! It was great – and, believe it or not, it even had a happy ending. ☺

Activity 5: Choose the correct option to complete the sentences.

1 I was 21 years old when I _____my dream of swimming across the English Channel.

a achieved

b was achieving

2 I_____ for a new challenge when my friend suggested mountain climbing.

a was looking

b was looked

4 We_____ tennis when it started to rain.

a was played

b were playing

Activity 6: Choose the correct options to complete the speech.

I'd like to talk to you all about using the school computers. You've all **(1) used / use** the internet before, and I'm sure many of you **(2) has downloaded / have downloaded** many different kinds of files and programs. But I want you to be very careful about online security. Although we **(3) haven't had / hasn't had (4) yet / now**, it's important that you don't give away personal information about yourself. We've **(5) already / yet** had some questions from parents, and **(6) I've told / I've tell** them that the school takes the issue of online privacy very seriously. Also, please remember to log out as soon as **(7) you've used finishing / you've finished** using the computer. Finally, please don't leave the computers switched on after the last computer session of the day **(8) have ended / has ended.**

LIVEWORKSHEETS

Activity 7: Look at Sarah's timeline. Complete the questions with the present perfect continuous. Then write the answers using for or since.

1 How long _____Sarah (play)_____ video games?

(since) _____

2 How long _____ Sarah _____ (surf) the internet?

(for) _____

3 How long _____ Sarah _____ (study) IT?

(since) _____

4 How long _____ Sarah _____ (learn) how to write computer code?

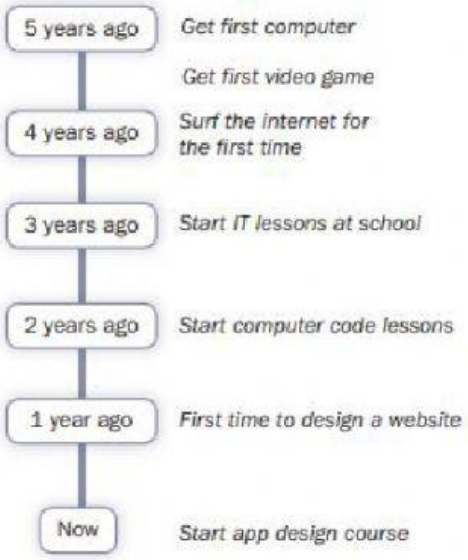
(for) _____

5 How long _____ Sarah _____ (design) websites?

(since) _____

6 How long _____ Sarah _____ (go) to an app design course?

(for) _____



C) Listening Meet Tim! Listen to the recordings and choose the correct answer **A, B** or **C.**

Recording 6: By the end of the conversation, Tim _____.

A completes his download
B disagrees with his mum
C changes his mind

Recording 7: Tim has _____.

A copied all his files onto another disk
B taken the computer to a shop
C fixed his computer

Recording 8: By the end of the conversation, Tim has decided to _____.

A leave
B go to another cash point
C stay and wait

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Recording 9: What is the relationship between Tim and the other speaker?

A friends
B student and teacher
C customer and shop assistant

Recording 10: Where has Tim been all day according to his mum?

A at John's house
B at school
C on the internet

D) Writing

You are going to write a short article for your school magazine about your favourite sport.

Include the following information:

- What does it consist of? What equipment do you need to do it?
- Is a team or individual sport?
- When and where did you start playing it?
- How often do you train?
- Who is your favourite sports person practising this sport?
- Why do you like it?

My favourite sport

LIVEWORKSHEETS