

The origin of sandwiches



Sandwiches are such popular snacks that the English word "sandwich" is used all over the world. Today we are going to learn about the origin of this amazing meal.

Not many people know that this snack got its name more than 250 years ago from John Montagu, who was the 4th Earl of Sandwich.

Back in the 18th century, this aristocrat asked his valet (personal servant) to bring him beef served between two slices of bread. This particular method of serving beef became the Earl's favourite meal to eat while playing cards, because his hands would not get greasy from the meat.

Soon after, the Earl's friends began to order "the same as Sandwich" when they came to visit, and the method of putting anything – bread, cheese or vegetables – between two slices of bread became known as a "sandwich".

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