

Open Cloze

Read the text and think of the word which best fits each space. Use only ONE WORD IN CAPITALS for each space. There is an example at the beginning.



MODERN living

Over the last forty years, 0) ONE of the major changes in the way we live concerns 1) we eat.

As 2) as the fact that we have larger incomes, foreign travel 3) encouraged us to experiment 4) our cooking. As a result, ordinary people have developed a taste 5) exotic flavours. Supermarkets, which previously filled their shelves with only locally produced goods, now stock Caribbean vegetables, spices from India and 6) Chinese beer!

There is also a trend towards eating 7) healthily nowadays, so low-fat, low-calorie foodstuffs have become part of our weekly shopping basket. And vegetarianism is on

8) rise, too. Government surveys predict that one in three of us 9) be a vegetarian by the end of the present decade.

Strange as it may seem, 10) the fact that we now know more than ever before about what we should eat has not actually made us any healthier. In 11) the latest surveys show that all of us are getting fatter and some, especially teenagers, are in danger of becoming clinically obese. If this happens, we only have 12) to blame.