

**A day in the life of Alex (simple present)**

**1) Watch part 1, complete the sentences with the verbs in the CORRECT FORM.**

check	eat	get up	fill
ride	drink	make	not-wear

- a. He    gets up    at 7:30.
- b. He    his e-mails.
- c. He    his bike to work.
- d. He    some water.
- e. He    his breakfast.
- f. He    toast for breakfast.
- g. He    his water bottle.
- h. He    a uniform.



**2) Watch part 2, Work. Read and mark true (T) or false (F).**

- a.    Alex arrives at work and drinks a coffee.
- b.    He drinks his coffee and reads the newspaper.
- c.    He starts work at 8:30.
- d.    Alex collects and delivers big packages around the city.
- e.    His work day isn't very busy.
- f.    He doesn't ride fast because there is a lot of traffic in the city.

**3) Watch part 3, lunchtime. Match questions and answers. There are extra options**

<u>after 1:00 o'clock</u>	<u>a sandwich</u>	<u>Outside</u>	<u>pizza</u>	<u>8 hours</u>	<u>before 1:00 o'clock</u>	<u>in the park</u>	<u>10 hours</u>
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- a. What time does he have lunch? \_\_\_\_\_
- b. What does he eat? \_\_\_\_\_
- c. Where does he eat? \_\_\_\_\_
- d. How many hours does he work? \_\_\_\_\_

**4) Watch part 4, the end of the day. Complete with the correct words. There are three extra words.**

<i>isn't</i>	<i>day</i>	<i>girlfriend</i>	<i>breakfast</i>	<i>has</i>	<i>home</i>	<i>morning</i>	<i>evening</i>	<i>job</i>	<i>sleeps</i>
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Alex arrives \_\_\_\_\_ at about 7:00 o'clock. He loves his \_\_\_\_\_ but at the end of the day he is tired. He \_\_\_\_\_ a shower and cooks his dinner. He \_\_\_\_\_ married but he has a \_\_\_\_\_ from Chicago. Every \_\_\_\_\_ he talks to her using the internet. In his free time he plays the guitar. He goes to bed at 11:00 o'clock.