

Find someone who

Ask the questions to the **people** of the class. If they say **YES**, **write down their name** and **ask** some follow up questions: **WHEN, WHERE, WHY, HOW,** If they say **NO**, **ask someone else**.

Question	Name
1. Have you ever let someone down ?	
2. Did you get carried away in the last 6 months?	
3. Did you have to pull yourself together at work last year?	
4. Do you easily warm up to new people?	
5. Have you had to cool down last week?	
6. Have you been hung up on something the last 3 months?	
7. Have you had a friend break down in the last 6 months?	
8. Do you bottle up your emotions?	