

Do this exercise while you listen. Complete the gaps with the correct word.

1. The organisation Tourism Australia is offering six jobs, for six _____.
2. If you want one of these jobs, you have to make a short _____.
3. The job of outback adventurer is for someone with a passion for _____ life.
4. Job number two is a park _____ in Queensland.
5. The wildlife caretaker job on Kangaroo Island is for someone who loves _____.
6. If you're not an outdoor person, the next job is for someone whose talents are in _____.
7. The taste master will need to _____ about food as well as enjoy eating it.
8. The final job is based in _____.

Match the ideas to the speakers and write a–h next to the numbers 1–8.

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| 1..... Speaker 1 | a. Has recently learned about some of the negative effects of excessive online communication. |
| 2..... Speaker 2 | b. Is suffering from the fear of missing out. |
| 3..... Speaker 3 | c. Has witnessed great changes in the way we communicate over recent years. |
| 4..... Speaker 4 | d. Thinks that the amount of time teens spend online is alarming. |
| 5..... Speaker 5 | e. Is quite happy for any photos of themselves to be posted online. |
| 6..... Not said | f. Thinks limiting teenagers' access to technology is unfair. |
| 7..... Not said | g. Wishes people would talk more in person. |
| 8..... Not said | h. Enjoys being able to contact all friends with the same message at once. |

Listen again and choose T or F for these sentences.

1. Speaker 1 likes to know as soon as they get a new message.
2. Speaker 2 thinks the most annoying thing is when people use their phone in meetings.
3. Speaker 3 says that FOMO, or fear of missing out, is more common among teens.
4. Speaker 4 thinks that young people today are aware of the drawbacks of online communication.
5. Speaker 5 has made a lot of new friends thanks to online communication.

Listen and complete the sentences with between one and three words.

1. Professor Manson remembers having lots of exams and assignments at school but didn't _____ her revision time very well.
2. Revising for an exam the night before can help _____ but a good night's sleep is even better.
3. There is a clear link between _____.
4. Most students in the class sleep between _____ hours, whereas the recommended amount for 14- to 17-year-olds is more.
5. Sleep helps the body regulate its vital functions and also gives the _____ a chance to restructure information.

6. Memory _____ is when information passes from our short-term to long-term memories via the hippocampus.
7. Memory consolidation is improved by _____ information regularly.
8. Memory consolidation takes place during stages of _____ sleep.