

**Do this exercise while you listen. Complete the gaps with the correct word.**

1. The organisation Tourism Australia is offering six jobs, for six \_\_\_\_\_.
2. If you want one of these jobs, you have to make a short \_\_\_\_\_.
3. The job of outback adventurer is for someone with a passion for \_\_\_\_\_ life.
4. Job number two is a park \_\_\_\_\_ in Queensland.
5. The wildlife caretaker job on Kangaroo Island is for someone who loves \_\_\_\_\_.
6. If you're not an outdoor person, the next job is for someone whose talents are in \_\_\_\_\_.
7. The taste master will need to \_\_\_\_\_ about food as well as enjoy eating it.
8. The final job is based in \_\_\_\_\_.

**Match the ideas to the speakers and write a–h next to the numbers 1–8.**

|                  |   |
|------------------|---|
| 1..... Speaker 1 | a. Has recently learned about some of the negative effects of excessive online communication. |
| 2..... Speaker 2 | b. Is suffering from the fear of missing out.   |
| 3..... Speaker 3 | c. Has witnessed great changes in the way we communicate over recent years.                   |
| 4..... Speaker 4 | d. Thinks that the amount of time teens spend online is alarming.                             |
| 5..... Speaker 5 | e. Is quite happy for any photos of themselves to be posted online.                           |
| 6..... Not said  | f. Thinks limiting teenagers' access to technology is unfair.                                 |
| 7..... Not said  | g. Wishes people would talk more in person.   |
| 8..... Not said  | h. Enjoys being able to contact all friends with the same message at once.                    |

**Listen again and choose T or F for these sentences.**

1. Speaker 1 likes to know as soon as they get a new message.
2. Speaker 2 thinks the most annoying thing is when people use their phone in meetings.
3. Speaker 3 says that FOMO, or fear of missing out, is more common among teens.
4. Speaker 4 thinks that young people today are aware of the drawbacks of online communication.
5. Speaker 5 has made a lot of new friends thanks to online communication.

**Listen and complete the sentences with between one and three words.**

1. Professor Manson remembers having lots of exams and assignments at school but didn't \_\_\_\_\_ her revision time very well.
2. Revising for an exam the night before can help \_\_\_\_\_ but a good night's sleep is even better.
3. There is a clear link between \_\_\_\_\_.
4. Most students in the class sleep between \_\_\_\_\_ hours, whereas the recommended amount for 14- to 17-year-olds is more.
5. Sleep helps the body regulate its vital functions and also gives the \_\_\_\_\_ a chance to restructure information.

6. Memory \_\_\_\_\_ is when information passes from our short-term to long-term memories via the hippocampus.

7. Memory consolidation is improved by \_\_\_\_\_ information regularly.

8. Memory consolidation takes place during stages of \_\_\_\_\_ sleep.