

Worksheet- Muscular system

1. Muscles are attached to bones through
2. Bones are covered by muscles
 - a. Yes
 - b. No
3. How many types of muscles are there in our body?
 - a. Four
 - b. Three
4. Which of the following is a voluntary muscle?
 - a. Smooth
 - b. skeletal
5. Which of the following is an involuntary muscle?
 - a. Skeletal
 - b. Smooth
6. Muscles of the body work in pairs for the movement of our body
 - a. Yes
 - b. No
7. **Match of the following**

| | |
|------------|--------------------|
| a. Stomach | i. skeletal muscle |
| b. Hands | ii. Cardiac muscle |
| c. Heart | iii. Smooth muscle |



The Muscular System - Front view