Alastair Humphreys



Tell us about your last adventure. Did you go to a dangerous place?

No, I didn't go anywhere dangerous. In fact, I didn't leave the UK. I stayed in London. I went around London on the M25 motorway. But I didn't drive.

Did you walk?

Yes, I did. I left my house in London in January and walked all the way. It was cold and it was snowy. It wasn't easy. I saw new places. In fact, I saw some beautiful places. And I met interesting people. It was a local adventure.

What did you do after you finished your adventure?

I had one or two more local adventures and I made videos about them. People around the world watched the videos. But they didn't just watch them – they liked my ideas and they went on local adventures too.

A) READ THE TEXT AND CHOOSE THE CORRECT ANSWER

1) How did he travel?







2) What was the weather like?





B)	READ	THE 1	TEXT	AND	FINISH	THE	SENTE	NCES.
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- 1) Alastair saw
- 2) Alastair met
- 3) Alastair made

C) WRITE ABOUT YOURSELF

- ✓ Napiš krátké povídání o své procházce a o tom, co jsi dělal/a, když jsi se z ní vrátil/a.
- ✓ piš v celých větách a v minulém čase.
- ✓ Použij slovesa (šel, viděl, potkal, měl, vyrobil).
- ✓ Alespoň 1x použij zápornou větu v minulém čase

