

## **Food Poisoning – Part 4**

**Bacteria** – an organism that can grow on food or surfaces that is harmful to humans.

**Example: Our hands have bacteria on them so it is very important that we wash our hands before and after we touch food.**



**Hand Washing**

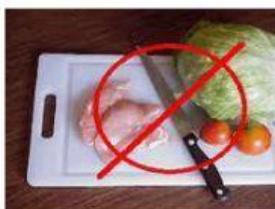


**Bacteria**

**KILLS**

**Cross-contamination** - the passing of bacteria, or other harmful substances, from one surface to another through improper hygiene, unsterile equipment, procedures or products.

**Example: Bacteria can be transferred to food by hands, counters, cutting boards, sponges, cloth towels and utensils that touch raw food, are not cleaned, and then touch ready-to-eat foods.**



**The same board**

**Is a NO-NO!!!**



**Cross-Contamination**

**Hand washing**

**Prevention:** When getting meats & vegetables ready to cook; it is **VERY IMPORTANT** that you clean the surfaces after every step of food preparation to prevent cross-contamination.

**Disinfect** -to cleanse and destroy disease and germs; to help avoid infection:

**Example: Disinfecting surfaces**

We use a spray cleaner like Clorox Spray with bleach to wash and wipe down work surfaces.



**Examples: Disinfectants used to clean cuts and wounds:**

Alcohol and Peroxide are just 2 examples of how to clean a

cut/wound.



Alcohol



Peroxide

## Quiz

### **Cross-contamination-Organism-Hand washing- Prevent Disinfect- Clorox Spray-Alcohol**

- 1. Bacteria – an \_\_\_\_\_ that can grow on food or surfaces that is harmful to humans.**
- 2. \_\_\_\_\_ *KILLS* *Bacteria***
- 3. \_\_\_\_\_ the passing of bacteria, or other harmful substances, from one surface to another through improper hygiene, unsterile equipment, procedures or products.**
- 4. When getting meats & vegetables ready to cook; it is VERY IMPORTANT that you clean the surfaces after every step of food preparation to \_\_\_\_\_ cross- contamination.**
- 5. \_\_\_\_\_ to cleanse and destroy disease and germs; to help avoid infection:**
- 6. We use a spray cleaner like \_\_\_\_\_ with bleach to wash and wipe down work surfaces.**
- 7. \_\_\_\_\_ and Peroxide are just 2 examples of how to clean a cut/wound.**