

Module: Health – Exercise & Sports
Competency: Listening CLB 3.4 Comprehending Information
Task: Listen to the dialogue and answer questions

Dialogue

1. What does the doctor say Anne needs to do?
 - a. Get blood tests
 - b. Get more exercise
 - c. Get vaccination
 - d. Stop smoking
2. Why does Anne need this? (choose four)
 - a. She can't sleep at night
 - b. She has cancer
 - c. She has heart problems
 - d. She has high blood pressure
 - e. She has high cholesterol
 - f. She is overweight
3. What does Sam suggest?
 - a. Go dancing
 - b. Go for a walk
 - c. Go running
 - d. Go to the gym
4. Anne hates exercise. True False
5. When will Anne walk the dog?
 - a. In the morning
 - b. In the afternoon
 - c. In the evening
 - d. At night
6. What does Sam say Anne should do besides walking the dog? (choose two).
 - a. Do stretching
 - b. Do weightlifting
 - c. Do yoga
 - d. Go swimming
7. What does Anne like to eat?
 - a. An apple
 - b. An apple fritter
 - c. A donut
 - d. A piece of cake
8. How does Anne usually go to Tim Horton's?
 - a. By bus
 - b. By car
 - c. On foot
 - d. By bicycle
9. Which has more calories?
 - a. An apple fritter
 - b. A maple-dip donut
 - c. An apple
10. Are Sam and Anne
 - a. Friends?
 - b. Husband and wife?