FIND THE NTH TERM IN A SEQUENCE

4 7 10 13	10th =	1 4 7 10	11th =
6 11 16 21	12th =	3 8 13 18	21th =
9 11 13 15	15th =	-2 0 2 4	18th =
15 19 23 27	20th =	-5 -2 1 4	16th =
32 42 52 62	23th =	-6 -1 4 9	35th =