

FOOD AND HEALTH

1. WHICH OPTION WILL HELP US IN KEEPING OUR BODY FIT?



2. WHAT IS POSTURE?

- A. IT IS THE WAY WE WALK.
- B. IT IS THE WAY WE SIT.
- C. IT IS THE WAY OF HOLDING OUR BODY WHILE WALKING, SITTING AND STANDING.

3. CHOOSE THE CORRECT POSTURE-



HAPPY LEARNING ADVENTURES



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4. CHOOSE THE CORRECT -



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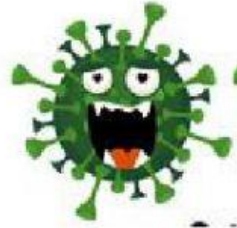
5. TICK THE COMMUNICABLE DISEASES-



COLD



NIGHT BLINDNESS



COVID 19



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