

LISTENING

LISTENING 1: Listen to a man talking about one of his free time activities, Tai Chi. Decide if the sentences are true (T) or false (F).

- 1 Tai Chi was recommended to the man by someone he knows.
- 2 People have to move in the shape of a square while doing Tai Chi.
- 3 According to doctors, practising Tai Chi has benefits for our minds as well as our bodies.
- 4 The man's wife is unhappy about him practicing Tai Chi.
- 5 The man always goes to a nearby park to do Tai Chi.



Complete sentences using one word in each space.

- 6 The man says that many people think Tai Chi and _____ are similar.
- 7 Tai Chi involves the movement of _____ through the body.
- 8 According to scientists, doing Tai Chi can make a person's _____ bigger.
- 9 The man says he doesn't enjoy doing _____ with other people.
- 10 The Chinese believe it's better to do Tai Chi when you're surrounded by _____

LISTENING 2: Listen to the conversation between Sam and Debbie about the singer Adele. Are the statements true (T) or false (F)?

- 1 Adele has only won two prizes.
- 2 Adele got a record deal after she uploaded three videos on YouTube.
- 3 Her second album went to number one in over fifteen different European countries.
- 4 Sam has never seen Adele perform live.
- 5 Sam's favourite song by Adele is Someone like you.
- 6 Sam and Debbie decide to go to an Adele concert.

Complete the sentences with one word or number.

- 1 Adele's birthday is the _____ of May, 1988.
- 2 Adele's first album was released _____ years before her second album.
- 3 In the first week, Adele's second album sold 208,000 copies in _____
- 4 Debbie says Adele is playing live next _____



Adele Songs Full

LISTENING 3: Listen to two teens researching facts online. Write the age at which teens in the UK can:

- 1 get a weekend job
- 2 ride a scooter
- 3 drive a car
- 4 get a tattoo



Complete the missing words in these British laws.

Teenagers aren't allowed to work more than _____ hours on a school day.

15-year-olds are allowed to work _____ hours on a Saturday.

You don't have to have a _____ to ride a scooter .

You must do a short course before you take a _____ on the

LISTENING 4: Listen to two people talking about a writer. Are these statements True (T) or False (F)?

- 1 The author writes in English.
- 2 The girl learned about the writer from a review in a magazine.
- 3 The writer wrote her first book when she was sixteen.
- 4 The stories are set in Brazil.
- 5 It isn't important which book you read first.



Listen again and complete the notes with one word in each gap.

Clemence Nielsen is from _____

The first book the girl read was called My Life in the _____

Nielsen has written _____ books in total. In the books, she writes about her adventures and the _____ she meets.

If you read the books in order, you see how her _____ change over time.