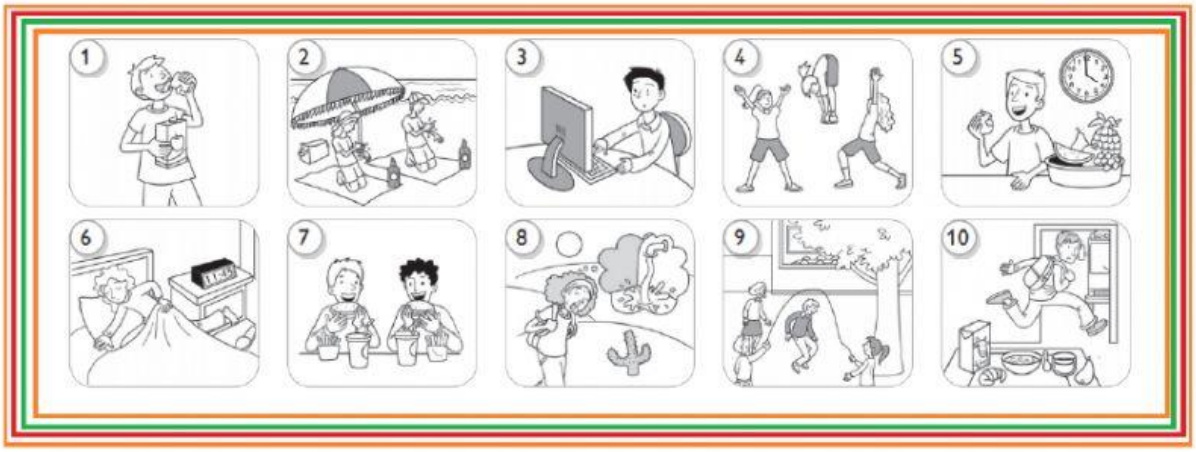
HEROES 6 UNIT 1 EXTRA ACTIVITY

1. What does David do to stay healthy? Listen and put the phrases in the correct place.

do exercise drink enough water eat healthy snacks eat junk food and have fizzy drinks get enough sleep have a check-up miss breakfast spend time on the computer play outside wear sun cream

He does ...	He doesn´t

2. Read and complete the sentences with the correct form of the verb.



1 They often_____ junk food. (eat)

2 They always _____sun cream in the summer. (wear)

3 He _____a lot of time on the computer every day. (spend)

4 It's time for PE. They _____ exercise today. (do)

5 It's 4 o'clock and he _____a healthy snack. (eat)

6 She often _____to bed late. (go)

7 He _____fizzy drinks at home. (not have)

8 She _____enough water. (not drink)

9 It's break time. They _____outside. (play)

10 He _____breakfast this morning. (miss

LIVEWORKSHEETS