

- 1 We need \_\_\_\_\_ to help our teeth and bones grow strong.
- 2 A \_\_\_\_\_ is ten years.
- 3 People in the Mediterranean have a longer \_\_\_\_\_ than people in other countries.
- 4 An \_\_\_\_\_ is someone who knows a great deal about a particular subject.
- 5 People who have \_\_\_\_\_ are extremely unhappy.
- 6 Eating good food and taking exercise is a \_\_\_\_\_ choice that many people choose nowadays.