# Vocabulary

 Podpisz obrazki wyrazami i wyrażeniami z ramki.

stomach ache a sore throat a black eye a sprained ankle <del>a headache</del> a broken leg





1 a headache





A



5 \_\_\_\_\_

#### Grammar

- Uzupełnij zdania podanymi czasownikami w twierdzącej formie czasu present perfect.
  - 1 We 've had (have) a great time.
  - 2 Sam and Ted \_\_\_\_\_ (meet) Roger Federer. They were really surprised.
  - 3 The dog \_\_\_\_\_ (eat) its dinner.
  - 4 I \_\_\_\_\_ (do) judo.
  - 5 Spencer and Abi \_\_\_\_\_ (fly) in planes.
  - 6 We \_\_\_\_\_ (run) ten kilometres.

3	Zr 1	mień zdania z zad. 3 w zdania przeczące. We've had a great time.		
	à		en't had a great time.	
		9 <u> </u>		
		-		
		<u> </u>		
		S <del></del>		
4			y i wyrażenia we właściwej tak aby utworzyły pytania.	
			our / you / room / have	
		Have yo	u tidied your room?	
	2	shopping again	g list / your / have / forgotten / you /	
			?	
	3	has / Da	ad / cat / fed / the	
			?	
	4	I / early /	arrived / have	
	5	you or E	ric / seen / have / that film	
		8)	?	
	6	done / homework / you / your / have		
s	pe	aking		
5	Pı	zeczytaj	dialog. Zakreśl właściwą formę.	
	D	octor	Hello, Mrs Collis. What's <sup>1</sup> a /(the)	
			problem?	
	М	rs Collis	I've got <sup>2</sup> sore ear / earache. It really	
			hurts. And I feel really tired.	
	D	octor	When <sup>3</sup> did / has it start?	
	М	rs Collis	About two 4 ago days / days ago.	
	Doctor		Let me have a 5 see / look Ah, yes.	
			You've got an infection. I'll give you	
			some medicine. <sup>6</sup> Take it / Take them	
			every day. And drink a lot of water.	
			Come back and see me when you've	

finished it.

Mrs Collis OK. Thank you very much, Doctor.



### Reading

6 Przeczytaj tekst. Oznacz zdania jako prawdziwe (T) lub fałszywe (F).

In the UK there is a saying, 'An apple a day, keeps the doctor away'. Is this true? Well, it isn't only apples that can keep us healthy. It is important to eat lots of different types of food, especially fruit and vegetables. Drink water not cola, when you can. Our brains need water to work well. What have you drunk today?

Sport and physical activity is really important for health. Try to be active every day for at least an hour and try something new. Have you tried judo, or skateboarding or ballet?

Don't forget: exercise can make you happy, too! Young people also need lots of sleep!

So, make sure you get eight hours of sleep a night.

1	Doctors eat apples every day.	F	
2	It isn't good to eat the same food every day.	_	
3	We need to eat fruit and vegetables		
	every day.	_	
4	Water is good for our brains.		
5	Skateboarding can keep us healthy.	_	
6	Sleep isn't important for teenagers.		

## Listening

7		) 08 Posłuchaj nagrania i ponumeruj ponia dania we właściwej kolejności.	zsze
	1	Chris had an X-ray.	
	2	Jane visited Chris at home.	
	3	Chris stopped his bike suddenly.	
	4	Chris fell off his bike and broke his le	g.
	5	A little girl ran across the road.	
	6	Chris was cycling home from school.	1

#### Writing

- - P	apisz e-mail do kolegi, który jest chory i został domu. Zapytaj, jak się czuje. Powiedz, co słychać w szkole lub u waszej koleżanki. Powiedz, że go odwiedzisz. amiętaj o właściwych zwrotach ozpoczynających i kończących e-mail.							
	Hi,							
_								
_								
-								
	zeczytaj definicje i uzupełnij brakujące litery.							
1	If I eat well and do some exercise, I will be							
	f <u>i</u> <u>t</u> .							
2	Liam often feels s because he stays							
	up late.							
3	You can use a fitness a to help you keep fit.							
4	You often have a							
	t when you have an infection.							
5	Doctors can give you							
	a when you have an							
	infection.							
6	It's good to do some p							
	activity every week.							
) P	opraw błąd, który podkreślono.							
1	I haven't <u>saw</u> Ryan recently. <u>seen</u>							
2	Tony's broke his leg.							
3	Have they ate the biscuits?							
20000								
4	I've took my antibiotics today.							

