

module 2 // Unit 1

18

2. Listen »

Jaime and Andrea want to help their friend Nicolás. Listen and note down the sections of the webpage they discuss. Then, listen again and tick the ideas (a-e) they discuss.

- a. Read real stories about people with eating disorders.
- b. Get in touch with a psychologist or a health specialist.
- c. Share Nicolás's personal story online.
- d. Invite him to go to the Health Fair.
- e. Talk to his family about the problem.

3. Speak »

Which is the best idea in exercise 2? Discuss with a partner.

4. Read »

Look at the poster. Match the photos (a-e) with the phrases.



eats too little

eats in secret

worries too much about their weight

can't control their eating

vomits after eating

Do you care about your friends?
These are some symptoms or signs of a possible eating disorder. If your friend ...

- a. eats in secret
- b. _____
- c. _____
- d. _____
- e. _____

... he/she may have an eating disorder!

19

5. Listen »

Listen to Jaime and Andrea talking about Nicolás. Complete the sentences with the correct adverb.

always usually often sometimes hardly ever never

Andrea thinks that Nicolás ^a _____ eats in secret, but ^b _____ he can't control his eating. In Jaime's opinion, he ^c _____ worries about his weight. Also, he ^d _____ vomits after eating.

51