









 ICM INSAN CENDEKIA MADANI	PUSH and PULL are FORCES	Name	:
		Class	:
		Teacher	:
		Date	:
Pre-assessment ✓ Independent/fluency practice	Individual guided practice Formative Assessment	Marks: 100	Score:

Choose the correct answer and answer the question.

	push	pull
	push	pull
	push	pull
	push	pull
	push	pull

Is it easier to push or pull something with a rope?

Choose the correct answer and answer the question.

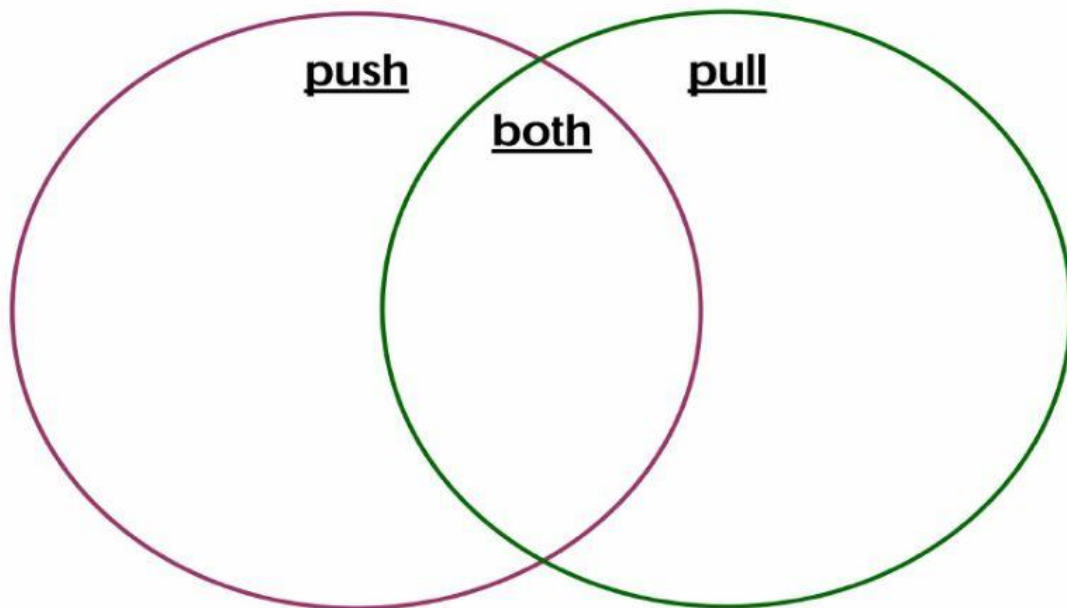
	push pull
	push pull
	push pull
	push pull
	push pull

Is it easier to push a box or a box on wheels?

Write each activity in the diagram below.



A **push** is a force that moves something farther away.
A **pull** is a force that moves things closer.
Sometimes we pull things and sometimes we push them.
Sometimes we do both!



ring a doorbell



cut with scissors



hammer



erase



rake leaves



zip a zipper



hit a ball



get a tissue

Self reflection: (tick ✓ the picture)



**I can do the task
by myself**



**I need a little
help**



**I need a lot
of help**