

2 Read and discuss.

Kareem has been trying to eat a healthier diet. Look at his food diary for Sunday to Tuesday and answer the questions.



Day	Breakfast	Lunch	Dinner	Snacks
Sunday	Eggs, brown toast and glass of orange juice.	Salad with tomatoes, lettuce and chicken.	Fish, rice, peas and carrots.	An apple and some cheese.
Monday	Yoghurt, banana and a glass of milk.	A cheese sandwich and an apple.	Chicken, potatoes and salad. A can of cola.	An orange and a packet of nuts.
Tuesday	Cereal with milk and a glass of orange juice.	Vegetable soup and bread.	Pasta with beef and tomato sauce, and broccoli.	A biscuit. Six tomatoes.

- 1 What did Kareem eat for lunch on Sunday?
- 2 How many servings of fruit did Kareem eat on Monday?
- 3 When did Kareem eat potatoes?
- 4 How many apples did Kareem eat?
- 5 Did Kareem eat anything unhealthy?