Station 1: Learn about the ISS Astronauts!

THE CREW:

Soyuz MS-02 Launch: October 19, 2016 . Landing: March 4, 2017



Robert Shane Kimbrough (NASA) - Commander

Born: Killeen, Texas works: in the USA Interests: baseball, golf, weightlifting and running Spaceflights: STS-126, Expedition 49 Bio: http://go.nasa.gov/2eoHTTG Twitter: @astro_kimbrough Instagram: @astro_kimbrough

Soyuz MS-03 Launch: November 17, 2016 . Landing: April 20, 2017



Peggy Whitson (NASA) - Flight Engineer

Born: Mount Ayr, Iowa works: in the USA Interests: weightlifting, biking, basketball and water

Spaceflights: STS-111, STS – 113, Expeditions 5 and 16 Bio: http://go.nasa.gov/2eo0V8r Twitter: @AstroPeggy

Directions:

- 1.) Read about the astronauts
- 2.) Add the 3 flags (Russia, France & the USA) to the map & write the country names
- 3.) Write the names of the astronauts who are from or work in that country near the flag
- ***Bonus: Write a sentence about what each astronaut likes to do!!!



Andrey Borisenko (Roscosmos) – Flight Engineer

Born: Leningrad, Russia works: in Russia Interests: fishing, badminton and road trips Spaceflights: Expeditions 27, 28, and 49 Bio: http://go.nasa.gov/2eoOoDC



Thomas Pesquet (ESA) - Flight Engineer

Born: Rouen, France works: in France Interests: basketball, jogging, swimming, squash, mountain biking, kite surfing, skiing, sailing and mountaineering Spaceflights: Expedition 50 marks his first space station

Bio: http://go.nasa.gov/YSS3JI Twitter: @thom_astro Instagram: @thom_astro



France



The USA



Russia



Sergey Ryzhikov (Roscosmos) - Flight Engineer

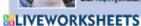
Born: Bugulma, Tatarstan, Russian works: in Russia Interests: sports, games and music Spaceflights: Expedition 49 Bio: http://go.nasa.gov/2eoLUoC

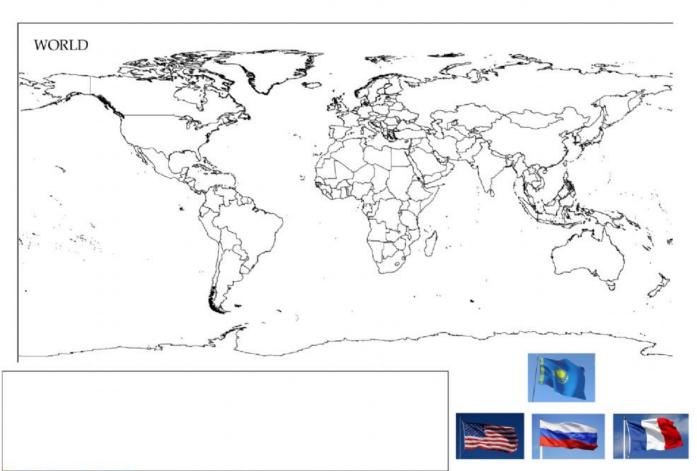


Oleg Novitskiy (Roscomos) – Flight Engineer

Born: Cherven, Minsk Region, Belorussiaworks: in Russia Interests: football, tourism, hunting, fishing, table tennis and reading Spaceflights: Expeditions 33 and 34

: http://go.nasa.gov/2eoGOsu





Station 2: Learn about living as an ISS Astronaut!

ISS astronauts have very busy days. After they wake up, the astronauts quickly wash their faces and hands with a soapy cloth. To wash their hair, the astronauts use a special shampoo. You mustn't use water with the special shampoo. The astronauts only have to put a little bit of shampoo in their hair, then use a towel to get it out again. It is difficult to take normal baths on the ISS because there is no gravity and the water, soap and shampoo goes everywhere!



After they wash, the crew have breakfast and talk about what they have to do for the day. There are three meals on the station, including breakfast, lunch and dinner.

Space stations are like large houses that need care. The ISS astronauts must spend a lot of time cleaning the space station. They also go on spacewalks to fix the outside of the space station when things break!

The crew also has to do a lot of experiments. ISS Crew 50 had a special garden on the space station and used the 'space plants' for many interesting experiments! Also, for two hours each day, the astronauts must exercise to keep fit.

Each day on the International Space Station is different and interesting!

SELIVEWORKSHEETS

Station 3: Use information from the text and the pictures to write about 3 things that the astronauts on the ISS must do/have to do each day.

	1			
	2.			
, FOLL				
	3.			