

HEALTHY LIFE!
ALL ABOUT NATURAL SCIENCE

ACTIVITIES

- 1- Listen, point and repeat.
- 2- Listen and number.

Keeping healthy



drink water exercise every day walk to school sleep 10 hours

- 3- Look and write. Then write YES or NO



1  walk to school

2 

3 

4 

ARE YOU HEALTHY? _____

4- Write YES in the healthy choice.



5- Write

- a. I walk to school.
- b. I for ten hours.
- c. I every day.
- d. I water.

6- What can you do to exercise? Write a list.

- a.
- b.
- c.
- d.
- e.