

## 1 ★ Choose the correct item.

- 1 There's the instructor that/which taught me how to ski.
- 2 My team **is playing/will play** in the volleyball final tomorrow afternoon.
- 3 Bill's mother works **as/like** a gymnastics coach.
- 4 The champion's bike is made **by/with** a small company in France.
- 5 I **used to/would** do a lot of water skiing.
- 6 Is that the park **where/when** you went skateboarding?
- 7 The club is having the football kit **made/to make** in a local factory.
- 8 Kim is **more/far** better at snowboarding than Mark.
- 9 You **don't have to/mustn't** touch the ball with your hands in football.
- 10 Dad's not feeling very **well/better** today.

## 2 ★★ Put the verbs in brackets into the correct form.

### Luke Jackson & his half-marathon

Teenager Luke Jackson blogs about his preparations for his first half-marathon.

I can't believe there are only two weeks until the big day! I 1) ..... (train) for this race for the last six months, but I still don't feel ready. If I 2) ..... (know) it took so long to get fit, I would have started training far earlier! The injuries I've had haven't helped, though. Actually, last Monday, I 3) ..... (have) another setback. My friend Andy and I 4) ..... (jog) in the park when I tripped over a rock and twisted my ankle. It's not serious, but my doctor warned me 5) ..... (not/make) it worse, so I 6) ..... (not/run) on it since then. Hopefully, it 7) ..... (heal) by next Tuesday when I train with the school athletics team. What else? Oh, I've decided 8) ..... (register) for the half-marathon instead of the full marathon. I considered 9) ..... (do) the full marathon – but over the last few days I 10) ..... (tell) by a lot of people that it's not suitable for teenagers. I just hope that I will be fit enough 11) ..... (finish) the race! I 12) ..... (become) more and more nervous every day – but I know it's OK if I walk some of the distance. Wish me luck everyone!



## 3 ★★ Complete the second sentence so that it means the same as the first. Use no more than three words.

- 1 Our training programme was designed by our coach.  
We ..... design our training programme.
- 2 "James has scored the best goal of the season!" said the commentator.  
The commentator said that James ..... the best goal of the season.
- 3 I'd never seen a more expensive pair of cycling shorts.  
They were ..... pair of cycling shorts I had ever seen.
- 4 The celebration dinner will only begin when the winning runner arrives.  
We ..... the celebration dinner until the winning runner arrives.
- 5 Laura succeeded in getting fit.  
Laura managed ..... fit.

## ▶ Grammar in Focus

Complete the gaps with the correct words. Then put the words in brackets into the correct form.

### Home remedies

- The best way to prevent a bump from 1) **becoming (become)** a black eye or a bruise is to rub the area with 2) ..... little cold butter or margarine, not ice. The coldness brings down the swelling just as fast 3) ..... ice and the fat stops a bruise forming.
- In the days before modern medicine, when there were no creams to kill germs, people 4) ..... to put honey on a cut. This is because honey stops bacteria from 5) ..... **(infect)** a cut. So 6) ..... you go on a picnic, take some honey with you – in case you cut 7) ..... !
- If you go running in the spring or early summer, you might find you 8) ..... **(bite)** by flies or other flying pests. The bites are very itchy, and though there are good remedies in your local chemist's, there's a 9) ..... **(cheap)** one in your bathroom – toothpaste! Put some on the bite and it 10) ..... **(reduce)** the itching right away.