

READING

B1-01

Read the text and solve the questions.

Humans go through many **physical** changes from childhood to adulthood. For example, a baby boy might weigh 6 lb. and be less than 20 in. at birth, but might grow to 265 lb. and 6.5 ft. tall by the age of 20. In addition, people go through many **mental** changes. In fact, in some ways, the **development** of our minds is greater and more important than the growth of our bodies.

Here are some important cognitive milestones that all children go through:

0 to 11 months	<ul style="list-style-type: none">• Can recognize the faces of family members• Can respond to facial expressions like smiles• Begin to connect words to objects or pictures
1 to 3 years	<ul style="list-style-type: none">• Can follow instructions from adults or caregivers• Can imagine and make up stories or play imaginary games• May begin to tell lies about things they did or did not do
4 to 8 years	<ul style="list-style-type: none">• Can recognize basic emotions like happiness in other people• May find that the actions of their friends can affect them• Can use more than one method to solve problems or puzzles
9 to 12 years	<ul style="list-style-type: none">• May like to set a physical or mental challenge for themselves• Can understand that their actions may have long-term effects
13 to 17 years	<ul style="list-style-type: none">• Can detect most emotions, such as disgust or shock, in others• Can understand and influence the beliefs of other people

What is TRUE according to the text?

- a) All babies weight 6lb. at birth.
- b) Babies develop their brains faster than adults.
- c) There are many physical and mental changes in human development.

What is FALSE according to the text?

- a) From 0 to 11 months babies start to connect words with objects.
- b) From 4 to 8 years, children can recognize most feelings.
- c) Children begin to tell lies at an early age.

Choose one option per category.

	0-11	1-3	4-8	9-12	13-17
a) Children can identify some people close to them.					
b) Children challenge themselves.					
c) Children show evidence of imagination.					
d) Children can identify most feelings on people.					
e) Children can not identify complex emotions.					