

**Be a Hero against Bullying**

1. What types of bullying do you know? Drag and drop the types of bullying to the correct images.

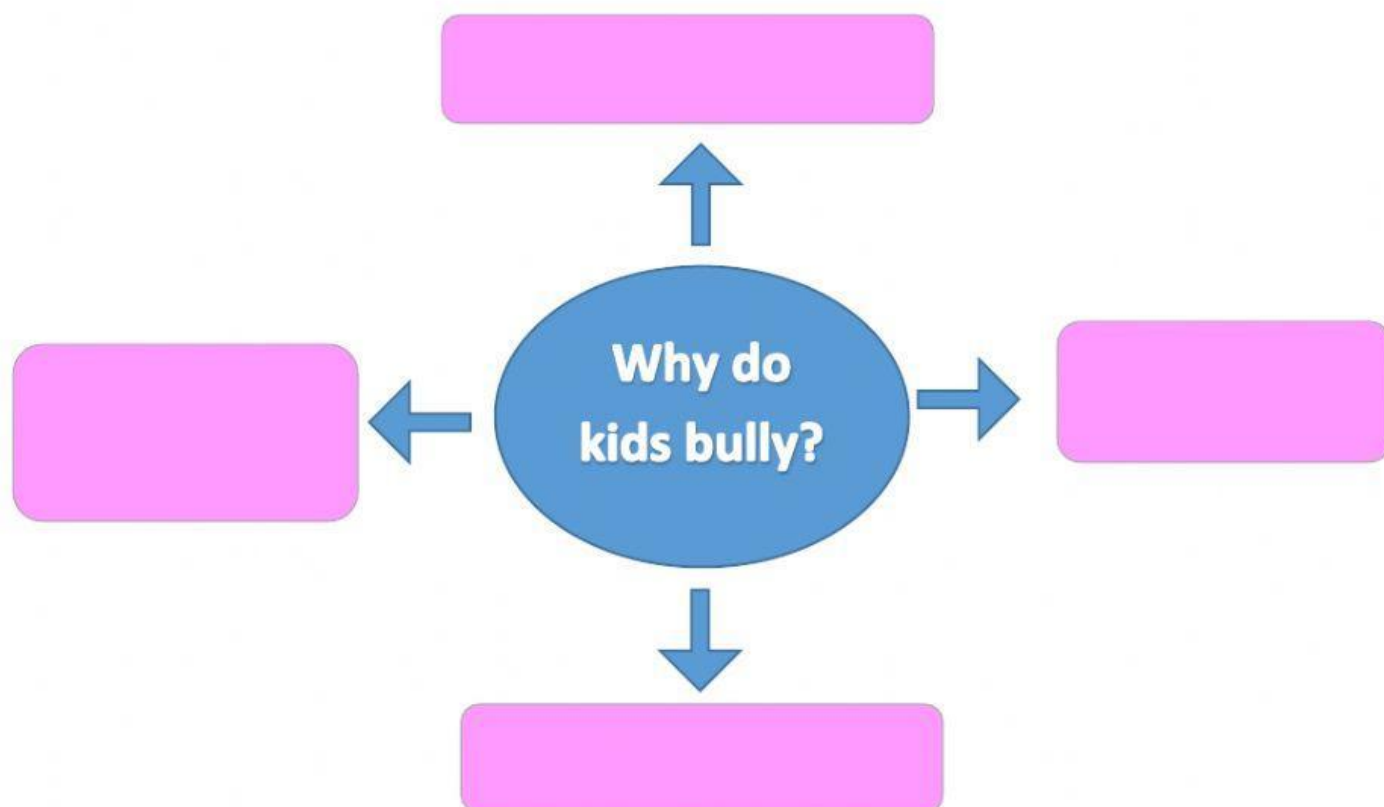
1.1. Write the words or expressions under the correct image. You can use each word or expression more than once.

Types of Bullying			
Verbal Bullying	Cyberbullying	Social Bullying	Physical Bullying

Words or expressions	
<ul style="list-style-type: none"> <li>• Hitting, Kicking or pushing someone;</li> <li>• Blackmailing;</li> <li>• Calling names;</li> <li>• Send offensive messages;</li> <li>• Humiliating;</li> </ul>	<ul style="list-style-type: none"> <li>• Exclude someone because of his/her ethnics, religion or colour;</li> <li>• Spreading lies or rumors;</li> <li>• Use of personal data to steal information;</li> <li>• Making fun of someone's clothes;</li> </ul>

Type of Bullying	Type of Bullying
Words or expressions	Words or expressions
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2. Why do you think kids bully? Give four reasons you think makes them have this behaviour.



3. What should and shouldn't you do when you're bullied?

- Cry;
- Avoid isolation;
- Ignore the bully;
- Respond to threatening messages;

- Be confident and calm;
- Fight back;
- Blame yourself;
- Tell a grown up about your problems;

Should Do

Shouldn't Do

