

# PAST SIMPLE TENSE

1. Click on the correct option.

- 1) My sister went / wented to the school's gym yesterday.
- 2) How did Jackson set / setted a world record?
- 3) Did she practice / practiced gymnastics before she twisted her ankle?
- 4) How much exercise did / do you do while you were dieting?
- 5) Did you ate / eat a lot of protein while you were building up your muscles?
- 6) How did you got / get in shape to become a model? The model industry stereotypes are almost impossible to reach.
- 7) Did / do you ever try / tried to become a snowboarder?
- 8) When did you realize / realized basketball was your passion?
- 9) How did / do you get through your eating disorders?
- 10) How did / do you feel / felt when you passed the trials?

2. Complete. Use the Past Simple.

- 1) I \_\_\_\_\_(wait) for you yesterday but you didn't arrive early, so I \_\_\_\_\_(climb) the stairs.
- 2) What \_\_\_\_\_(do) you do when you were terrified at the playoffs?  
I \_\_\_\_\_(go) to the closest skate park and remembered my childhood, that always brings me calm.
- 3) Did you \_\_\_\_\_(grow) in a fancy place?
- 4) No, I \_\_\_\_\_(do), but It \_\_\_\_\_(help) me to become a determined person.
- 5) How did you \_\_\_\_\_(break) your wrist?