



MASTERY TEST (WRITTEN)
iPERFORM 5

Name : _____

Score : ____ / ____

Grade and Section : **Grade 5 – St. Anthony of Padua**

Teacher : _____

Reminder:

1. Submit your output in your individual mastery test folder in Google Drive before April 16, 2021.

Essential Performance Outcomes (EPO) and Competencies to be evaluated:

EPO1: Describe their unique personal qualities and thinking processes and explain how improving them can lead to better opportunities for learning and personal fulfillment. (LPO1)

EPO2: Use ideas and resources in new and creative ways to plan and design works of artistic appeal to others and social influence. (LPO2)

EPO8: Acquire a specific area of knowledge and skill that they can apply comfortably in various situations. (LPO4)

- appreciate the value of participation in physical activities (**PE5PF-IVb-h-19**)
- discuss knowledge and skills in electrical works (**EPP5IA-0c-3; EPP5IA-0d-4**)
- discuss the uses of MS Excel

- I. Being both physical and social activity, dancing has many benefits. Determine these benefits mainly to your physical, mental, emotional, and social aspects. From what you've learned, give at least one for each category.**

Benefits of Dancing			
Physical Benefits	Social Benefits	Emotional Benefits	Mental Benefits

- I. Explain the following.**

A. How can you ensure safety when playing sports or any other game? Give two to three concrete way.

B. Electronics have various uses that can help us in almost all of our needs.How can you use these electronics while securing your safety?

C. As a student, how can you make use of Microsoft Excel to make your daily lives easier?

Description	
Clear message and conveys lesson	3 points
Contains ideas and principles	2 points

Rubric for Scoring