

Expressions of Purposes

FAQs

Q: How long can humans survive without water?

A: Well, not for very long! Because we need water to control all of our body's functions, scientists estimate that the average person can survive for only about three or four days.



Q: Is it dangerous to drink too much water?

A: Yes, very! In order to be healthy, we should drink plenty of water, but drinking too much too fast can cause death from "water intoxication". So as not to suffer from this dangerous condition, never participate in water drinking contest!

Q: How much water does the average person use per day?

A: The average U.S. citizen uses between 300 and 400 liter of water daily. Not suprisingly, most of the water used is for washing and flushing the toilet.



Q: Is it best to drink pure water during high-intensity exercise?

A: Not really. When you sweat during exercise, you lose electrolytes such as calcium and potassium. If you're doing very heavy exercise and sweating a lot, it's better to drink a sports drink so that electrolytes are replaced.

Expression of purpose	Formality	Function	Example
For + gerund (-ing)	Neutral	To express the use or purpose of a thing, especially when the thing is the subject of the verb: A knife is for cutting	
To + base form <i>in order (not) to/so as (not) to</i> + base form	Neutral More Formal Very Formal	To express why someone does or uses something: The store was closed to/in order to/so as to allow the workmen access.	
<i>So (that)</i> + noun + clause.	Neutral	To express why someone does or uses something: The store was closed so that the workmen could have access.	

Practice

Choose the correct options to complete the sentences

1. We did an experiment in class *in order / for to* understand how water is used by plants
2. They add a special chemical to the water in the pool to *keep / keeping* it clean
3. Drink lots of water so as not *get / to get* dehydrated
4. Water therapy is great for *help / helping* stressed-out people to relax
5. Water houseplants regularly *so that / in order* they will not die
6. Some companies claim bottled water has health benefits *for / so as to* be able to charge a higher retail price.
7. I use tap water *to / for* refill my reusable water bottle when I go to the gym.
8. The city has initiated new restrictions *so as / so that* to save water.

Practice

Discuss the questions, use expressions of purpose.

1. Do you prefer drinking bottled water or tap water? Why?
2. How many different uses for water can you think of?
3. Why is it important for people to conserve water?
4. What are some reasons people shouldn't drink bottled water?
5. What are some creative uses for plastic water bottles?

Be used to / Get used to

Reading: Traditions



Harry: So, Brandon, I'm going to be in the U.S.A. for Thanksgiving this year. Are there any traditions or customs I should know about before I go?

Brandon: Well, the main tradition is that everyone gets together with the whole family and has Thanksgiving dinner.

There's lots of traditional, like turkey and sweet potatoes.

Harry: I'm used to big family meals, but I'm not used to eating that kind of food, so that'll be interesting! Anything else?

Brandon: Everyone watches the Macy's Thanksgiving Day Parade on TV. That's a really important tradition. And one unusual tradition is that the President pardons a turkey.

Harry: Excuse me?

Brandon: The President goes on TV, and there's a ceremony with a live turkey. That turkey is allowed to live, instead of being eaten for Thanksgiving dinner. It's a kind of joke tradition, really.

Harry: I'll never get used to the President pardoning a turkey, and I'm not sure I'll ever get used to the American sense of humor, either!

Brandon: You'll have to get used to a lot more than that in my country, believe me!



Complete the table with examples from the text.

Form	Example
Be + used to + -ing/noun	
Get + used to + -ing/noun	

Choose the correct options to complete the rules.

1. We use *Be / Get used to* to talk about the things we may or may not be already familiar with.
2. We use *Be / Get used to* to talk about the process of becoming familiar with something

Practice. Complete the sentences with the correct form of be used to or get used to. Use negative forms when appropriate.

1. I can't _____ living overseas. The customs are just so different here.
2. It's traditional to take care of old people in my country, so people _____ it.
3. I _____ eating with chopsticks when I lived in vietnam for a year.
4. If you _____ spicy food, you might find some of our dishes too hot!
5. Did you _____ speaking English all the time while you were there?
6. Don't worry about the local traditions, you _____ them in no time!

Practice. Think of a time when you were in a new situation.

1. What things did you have to get used to in your new situation?
2. Are you completely used to them now?
3. Did it take you long to get used to them?
4. What helped you get used to them?
5. Was there anything you couldn't get used to?