Escuela Villa Santa Rosa
English department
5° and 6° grade
Unit II: What we eat?

Meals of the day

Name:_____**Date:** Thursday 9th,2020
Objective: To identify the different types of meals

I) Match the words with the correct definition and the definition with its image.

LUNCH	**A meal eaten in the morning, the first of the day.**
BREAKFAST	**A light midday meal between breakfast and dinner.**
SNACK	**A small amount of food that is eaten between meals.**
TEA TIME	**The time in the afternoon when tea is traditionally served.**
DINNER	**The main meal of the day, taken either around midday or in the evening.**

II) Cut the images and place them according to the time these meals are served.

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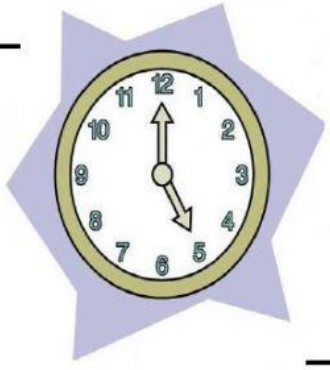

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LIVEWORKSHEETS

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III) Listening task: Listen to these people and circle the correct words in the bold spaces.

Audio : http://www.elllo.org/Audio/AMXR/M122-Meal.mp3

Gareth / England
Probably, my biggest meal is **lunch/breakfast/dinner**. I do skip meals, but that's because of my work schedule; it kind of prevents me from eating lunch until very late in the day. I like to have a big breakfast, so that I can prepare for that.

Warren / Canada
My biggest meal of the day is **snack/dinner/breakfast**. I think I heard it's actually not as healthy. I heard you should have a heavier breakfast and a lighter dinner, but just time-wise, it's easier for me to do that, and I end up wanting to eat a heavy dinner. But I never miss a meal; I always eat all three meals.

Kat / Germany
My biggest meal of the day is **dinner/breakfast/lunch**. That is usually because I eat lunch in school, and it's never really good, so I kind of rush it and don't eat too much. Breakfast, I skip most every day. I don't want to, but I always oversleep, so I really don't have time for breakfast. I know that breakfast should be the biggest meal of the day, but that just never works out for me.

Paul / England
My biggest meal of the day is my evening meal, which I eat after finishing work, around seven or eight. I try not to skip meals. I always try to at least eat something, even if it's on the go. At times, with my job, I don't get time to eat a proper lunch or **dinner/snack/breakfast**, so I tend to kind of snack quite a lot.

Tim / United States
Usually, my biggest meal is **breakfast/snack/lunch**, but sometimes, I'll have a very large dinner. It really depends on what I do during the day and when I take my meals. I'll have a big lunch on days that I skip breakfast, and I tend to skip breakfast a lot, because I sleep until the last minute before I have to go to classes.

Rese / Botswana
My biggest meal of the day would have to be **lunch/dinner/breakfast**, and normally I skip breakfast because I can't wake up early enough to eat breakfast and make it to class because of my sleeping pattern.

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