

5 Match words 1–5 with the correct part of the body (a–e).

1 nostril

2 palm

3 waist

4 sole

5 thigh

a hand

b foot

c leg

d body

e nose

6 Complete the mini-dialogues with the correct form of the verbs in brackets. Use the past simple or present perfect.

1 A When _____ you _____ (buy) that jacket?

B On Saturday. Do you like it?

2 A I _____ already _____ (do) my homework.

B Good for you. I haven't!

3 A Sally _____ (go) on holiday yesterday.

B Lucky her. Where to?

4 A I _____ (win) my swimming race last week!

B Oh, congratulations!

5 A I _____ just _____ (finish) a great book.

B Oh, really? Who wrote it?

7 Complete the dialogue with the correct form of the verbs in brackets. Use the present perfect simple or continuous.

Boy What ¹_____ you _____ (do) lately?

Girl I ²_____ (read) detective stories! I ³_____ (read) four this week! They're fantastic!

Boy I ⁴_____ (play) computer games all week. I ⁵_____ (not read) any books. Can I borrow one of yours?

Girl Of course.

8 Complete the doctor's questions with the words below.

allergic dizzy do painful symptoms

- 1 What can I _____ for you?
- 2 Have you had any other _____ ?
- 3 If I touch your stomach, is it _____ ?
- 4 Are you _____ to penicillin?
- 5 Do you feel sick or _____ ?



LISTENING 17 You are going to hear a conversation in which Lucy Chang gives advice about how to sleep well. Choose the correct answer, A, B, C or D for questions 1–4.

- 1 Lucy Chang says that
 - A those who don't sleep enough may become overweight.
 - B she has experienced some sleeping problems herself.
 - C she is very much against using sleeping tablets
 - D a good diet and exercise are more important than sleeping.
- 2 Lucy says that using lavender oil on the pillow
 - A works better than adding it to a bath.
 - B is a new idea.
 - C is more effective for women than for men.
 - D may damage your sense of smell.
- 3 Lucy says that people who have problems falling asleep
 - A will not find light therapy beneficial.
 - B should take a walk before going to bed.
 - C should take a walk early in the morning.
 - D should walk as much as they can for exercise.
- 4 For muscle relaxation to work, you need to
 - A be in a horizontal position.
 - B move every part of your body.
 - C be lying in bed.
 - D hold your breath for as long as you can.