



1. The website is about the Appalachian Trail, a hiking trail in the USA.  
Which sentences below are **True (1)**, **False (2)**, **Not Stated (3)**?

### The Appalachian Trail

1

2

3

4

If you want to hike through some of the most stunning scenery in North America, then the Appalachian Trail is for you. It takes over five million steps to walk it and only 1 person in 4 makes it all the way.

► **What is it?**  
The Appalachian Trail is a footpath that runs through 14 states from Mount Katahdin, Maine, in the north to Springer Mountain, Georgia in the south. It follows the Appalachian Mountains through over 3,200 km of **incredible** natural beauty.

► **What can I see?**  
The trail passes through forests and valleys, across mountain tops and down rocky paths. It's home to some wildlife you'll want to see, and some you'll want to **avoid**! There are **harmless** deer, moose, and raccoons, but there are also dangerous black bears, coyotes and bobcats. Don't worry about **getting lost**. Every 400 metres, there are white signs called 'blazes' on trees, rocks, and posts. If you climb above the forest, you'll see a breathtaking view, but you'll also see **piles** of stones called 'rock cairns' to **guide** you.

► **Where can I stay?**  
Most hikers stay at one of the 250 campsites and shelters (huts with an open front) along the trail.

- It's easy to walk along all of the trail.
- It covers more than 14 states.
- It's over 3,200 km long.
- The rivers cross the trail several times.
- You might see dangerous animals along the trail.
- The blazes are made of white stone.
- You can't camp along the trail.

**2. Match the words/phrases in bold to these definitions:**

*keep away from    the whole distance  
heaps    show the way    not dangerous  
amazing    not finding your way.*

**all the way:** \_\_\_\_\_  
**incredible:** \_\_\_\_\_  
**avoid:** \_\_\_\_\_  
**harmless:** \_\_\_\_\_  
**getting lost:** \_\_\_\_\_  
**piles:** \_\_\_\_\_  
**guide:** \_\_\_\_\_

**3. Use words from the box to complete the sentences.**

*trail    hike    stunning    step    pile    hut  
make it    footpath    run through  
rocky    deer    moose    raccoon    coyote  
bobcat    get lost    scenery  
natural beauty    special offer*

- They tried to finish the trail, but they didn't \_\_\_\_\_.
- From the top of the mountain, there was a \_\_\_\_\_ view of the valley.
- Take a map with you in case you \_\_\_\_\_.
- The campsite only costs £10 per night. It's a \_\_\_\_\_.