NAME:_____ DATE:_____

VITAMINS

| | | |
|---|---|---|
| GOOD EYESIGHT |  | BLOOD DOES NOT CLOT |
|  | RICKETS |  |
|  |  SPINACH | STRONG BONES AND TEETH |
|  |   | NIGHT-BLINDNESS |
|  | BLOOD CLOTS QUICKLY |  BROWN BREAD |
| SCURVY | HEALTHY NERVOUS SYSTEM |  |
|  | MUSCLE WEAKNESS | HEALTYH SKIN AND GUMS |
| HEALTHY RED BLOOD CELLS |  | BERI BERI |

Drag the information to the correct spaces to complete the table below.

| VITAMIN | SOURCES | USES | DEFICIENCY DISEASE |
|---|---|---|---|
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