

# Weekly routine

**01.** Helena's routine - **Listen** to the interview and **write** the activities.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 A.M.	get up and						
7.30 A.M.							
8 A.M.							
6 P.M.							
6.30 P.M.							
7.30 P.M.							
10 P.M.							

EXPLICADINHO

**02.** Listen to the audio again and **answer** the questions.

- Do you have dinner with your family ? -
- Do the children also get up at 5 A.M. ? -
- What time do the children get up ? - They A.M.



**03.** Keila's routine - **Listen** to the conversation and **check** the activities for each day.

**Weekend** = Saturday and Sunday

**Weekdays** = Monday to Friday

EXPLICADINHO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
get up early							
go to school							
work							
play tennis							
see friends							
see family							
study							