

# Weekly routine

## 01. Helena's routine - Listen to the interview and write the activities.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 A.M.	get up and				→		
7.30 A.M.	→	→	→	→	→		
8 A.M.	→	→	→	→	→	→	
6 P.M.	→	→	→	→	→		
6.30 P.M.	→	→	→	→	→		
7.30 P.M.	→	→	→	→	→		
10 P.M.	→	→	→	→	→		

EXPLICADINHO

## 02. Listen to the audio again and answer the questions.

- Do you have dinner with your family ? -
- Do the children also get up at 5 A.M. ? -
- What time do the children get up ? - They A.M.



## 03. Keila's routine - Listen to the conversation and check the activities for each day.

Weekend = Saturday and Sunday

Weekdays = Monday to Friday

EXPLICADINHO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
get up early							
go to school							
work							
play tennis							
see friends							
see family							
study							