

FROM CIVILIAN TO SOLDIER

TRAINING ACTIVITIES

1. COMPLETE THESE ACTIVITIES WITH THE MISSING WORD

a. 5 kilometres (km) _____ march

b. Field training exercise (____)

c. _____ training

d. First _____ training

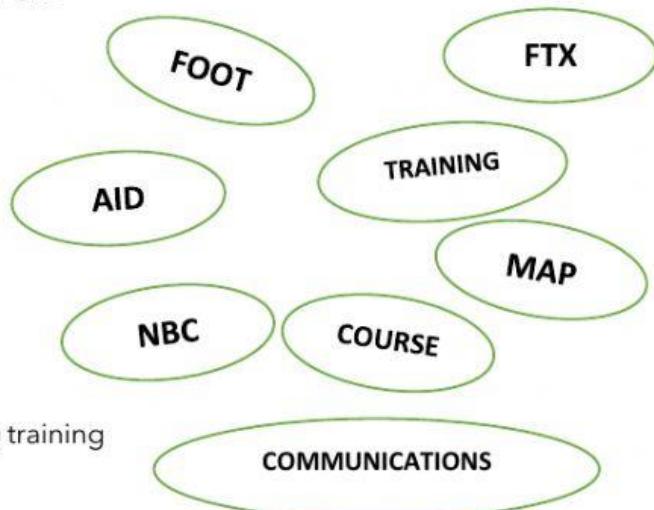
e. _____ reading

f. _____ (nuclear, biological and chemical) training

g. Obstacle _____

h. Weapons _____

i. Drill



2. Listen and complete the training schedule

Training schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
a.m.	5 km	2	weapons	4	5	FTX
morning	foot march		training			
p.m.	1	first aid	3	communications	FTX	FTX
afternoon		training		training		