

Christmas in Ukraine

Christmas in Ukraine is celebrated on the 7th January.

Usually people fast (don't eat anything) all day but you might start the day drinking some holy water that has been blessed at church. The main Christmas meal, Holy Supper is eaten on Christmas Eve (6th January).

You can't start eating the meal until the first star is seen in the sky. The star represents birth of Jesus, so when you see the star, Christmas can start!



The meal normally has 12 dishes which represent Jesus's 12 disciples. The main dish is often 'Kutia' a type of a kind of sweet porridge made of wheat.



In the room where you eat Holy Supper, there is Didukh decoration. The Didukh is made from a sheaf of wheat and symbolises the large wheat fields in Ukraine.



Ukrainians leave all the food on the table after the Christmas Eve dinner for the entire night for dead people's spirit. children crow, grunt, moo, bark, and meow under the table on Christmas Eve for breeding of living beings.

After the meal, people love to sing carols/songs called 'Koliadky'. People can sing the songs around the table or in the streets. They sometimes carry brightly colored stars on poles when they go singing. The Ukrainian most popular carol is 'Shchedryk'



Go to the link and test yourself:

<https://www.kyivpost.com/lifestyle/well-known-ukrainian-christmas-traditions-quiz.html?cn-reloaded=1>