

CUT OUTS: Cut these labels to make the hygiene chart in the class.

Hygiene: keeps us healthy



Take a shower
every day



Brush your teeth
after you eat



Wash your hands
After you use the
restroom and before you
eat



Comb your hair
always



Wash your face
Early in the morning
and when finish
playing



Cut your nails
to keep
them clean.


