

**1 Zakreśl wyrazy, które poprawnie uzupełniają poniższe zdania.**

- 1 My brother regularly goes to the gym in order to **make / take / keep** fit.
- 2 Sue fell while she was rollerblading yesterday and she got **injury / hurt / pain** as a result.
- 3 Kate, are you going to **take / make / get** part in the swimming competition?
- 4 Our coach always reminds us to warm **off / out / up** before playing tennis.
- 5 I try to **make / do / practise** some exercise before breakfast every day, but sometimes I'm simply too sleepy.

**2 Uzupełnij zdania odpowiednimi wyrazami. Niektóre litery wyrazów zostały podane.**

- 1 It is very important to **s \_\_\_ et \_\_\_** after going jogging so that your muscles and joints stay flexible.
- 2 You should always wear a cycling helmet when you're riding a bike to **p \_\_\_ v \_\_\_ n \_\_\_** head injury.
- 3 I attend swimming classes in order to **\_\_\_ ct \_\_\_ e** my swimming technique.
- 4 It's a good idea to eat healthy **\_\_\_ n \_\_\_ c \_\_\_** to have enough energy to do sports.
- 5 I want to be in the school football team, so I'm going to **t \_\_\_ i \_\_\_** very hard this season.

**3 Uzupełnij zdania wyrazami z ramki. Trzy z nich zostały podane dodatkowo i nie pasują do żadnego zdania.**

tournament • trophy • beat • supporter • record • opponent • draw • referee

- 1 They didn't win the game, but they managed to **\_\_\_\_\_ 1:1.**
- 2 Our volleyball team won a wonderful gold **\_\_\_\_\_** in the finals last week!
- 3 What a terrible foul! The **\_\_\_\_\_** gave the player a red card and sent her off the pitch.
- 4 My friend is a keen **\_\_\_\_\_** of Arsenal. He tries to watch every game.
- 5 I'm playing against Thomas in the next tennis match. He's a difficult **\_\_\_\_\_** to beat.

**4 Uzupełnij zdania brakującymi wyrazami.**

- 1 It was a terrible game - we didn't **\_\_\_\_\_** a single goal!
- 2 Mark, you mustn't cheat! You have to play **\_\_\_\_\_** the rules!
- 3 Ann is training very hard. She hopes to **\_\_\_\_\_** a new school record in the 100 metres sprint next week.
- 4 The goal keeper was hurt and couldn't **\_\_\_\_\_** the ball. The opposing team gained one more point.

5 I'm not going out tonight. I'm planning to watch the Formula 1 \_\_\_\_\_ on TV.