1. **Read the article and decide if the sentences are true (T) and False (F)**

1 Kennedy did something kind for her friend Ruth at school. ____
2 Ruth wasn't scared of people in her class. ____
3 Angelo likes to do nice things for Chris. ____
4 Oksana's friend Marharyta did something wrong. ____
5 Oksana felt that Marharyta was cruel for talking to the head teacher. ____
6 Adam doesn't think it's a problem when Jake wins games. ____

# MY BEST FRIEND FOREVER

## KENNEDY

'Ruth's a real friend. We don't spend all our time together, but she's there when I need her and she's very loyal. Last term, a girl in my class posted unpleasant things about me on my social media page. Some people believed them and were unkind to me. Ruth wasn't. She wasn't afraid of telling everyone that what the girl said wasn't true. She told me to unfriend the girl and I did. Ruth and I like chatting about things we're interested in doing. We both love dancing and listening to music. Sometimes Ruth comes on holiday with me and my family – that's fun!'

## CHRIS



'My best mate is Angelo. He's from Italy and when he first arrived here, he was anxious about not being able to speak English very well. Some people laughed at the way he spoke, which I didn't think was very kind, so I helped him with his English after school and we became friends. We like playing football and going swimming in the river. He's a really thoughtful guy. When he goes back to visit family in Italy, he always brings me a present when he returns – usually something to eat because he knows I'm really keen on Italian food!'

## OKSANA

'For me, a true friend is someone who shows their friendship rather than just tells you they're your friend but then doesn't act that way. I'll give you an example: in art class one day, I drew a silly picture of my teacher. It wasn't unkind. I just really like drawing people and making funny pictures. Anyway, it dropped out of my bag and the teacher found it and was unhappy about it. My friend Marharyta went to the head teacher's office and said she drew it because I was already in trouble for something else! That probably wasn't very sensible, but Marharyta was good to me that day and I'll never forget it.'

## ADAM



'Hanging out with Jake's great fun. We're both crazy about gaming, so we spend a lot of time trying to win! Jake's really good at games, but I don't mind losing, because we always have a great time. He's a really talented skateboarder, too – he's amazing to watch. He's teaching me a few tricks at the moment. I don't feel very confident yet, but he's really kind and patient. I'll never be as good as he is at skateboarding, but he's a brilliant teacher!'

LIVEWORKSHEETS

2. **Read the article. For each question choose A,B,C or D**

1 Sandie was keen to help with a sport she
- **A** likes watching.
- **B** was good at herself.
- **C** wanted to find out about.
- **D** had never had the chance to try.

2 What does Sandie say about the jobs she does as a volunteer?
- **A** She finds some of them challenging.
- **B** She doesn't enjoy doing some of them.
- **C** She'd like to do a greater variety of jobs.
- **D** She'd like to try using her skills a different way.

3 How does Sandie feel at the end of matches?
- **A** excited by the skills she has seen
- **B** disappointed when her team loses
- **C** surprised by how the spectators behave
- **D** impressed by the attitude of the players

4 Why does Sandie recommend becoming a volunteer?
- **A** Volunteers learn many new skills.
- **B** It can help volunteers get jobs in sport.
- **C** It provides the chance to meet new people.
- **D** Volunteers give something back to the community.

5 What advert would Sandie write to find new volunteers?
- **A** I'm looking for volunteers to help me at the netball club which I run. Having some knowledge of netball is necessary.
- **B** Come and be a volunteer! You only need to give a couple of hours a week and help local sports events go well.
- **C** Do you want to be a sports volunteer for a well-known club? If so, send me an email with details of your previous experience.
- **D** Do you enjoy playing netball? You could be the perfect volunteer for our club. You'll even get the chance to play in matches!

LIVEWORKSHEETS

My experience as a

# SPORTS VOLUNTEER

by Sandie Jones



I volunteer for a netball organisation – netball's a bit like basketball but usually played by women. I've never actually done it – it was offered as a sport at school, but I chose football, instead. I rarely bother to turn the TV on for sports matches, as I don't have a lot of time – I prefer to be out at the weekends and being a volunteer is a great way to do that. I thought it would be interesting to know what netball is.

I do various jobs when I'm volunteering. Matches usually take place on Saturdays, so I arrive early to help check that the court is free of stones or rubbish. Then I prepare drinks and snacks for the players before collecting tickets when spectators start to arrive. There's nothing particularly hard to do, though sometimes I wouldn't mind having a bit more of a challenge – maybe to help sort out the matches themselves, like which teams are playing and when. I think I'd be good at that, but I'm not complaining – I enjoy everything I do!

The matches are great fun and I love watching people who are so good at what they do. I always go home feeling amazed. It doesn't matter to me which team wins, which might sound like a strange thing to say, but the best team always wins on the day and you can't argue with that, even if the players are unhappy about losing. Spectators do look upset sometimes when their team doesn't win, but you can understand that. You'd expect the players to behave well, but sometimes they show that they're annoyed, and that's a pity, because they're all nice people, really.

I'd encourage other people to be a volunteer. It's probably more interesting if you like the sport involved, but it doesn't matter because you'll learn a lot about yourself and other people, and make great friends. This isn't something you can only do if you want to get a job in sport. It's just good fun and you won't have to do anything you don't want to. It's just nice to spend time with people from your town, outside school or college!

LIVEWORKSHEETS