Homework

☆☆ **Complete the text with *much*, *many* or *a lot of*. When two answers are possible, write both options.**



The traditional Japanese diet

How **(a)** ..... of your friends have a healthy diet? The traditional Japanese diet is very healthy and that is one reason why **(b)** ..... Japanese people live a long life. People in Japan eat **(c)** ..... rice and noodles. They don't eat **(d)** ..... potatoes or chips, and they don't eat **(e)** ..... meat. They eat **(f)** ..... different kinds of vegetables and fish. They don't eat **(g)** ..... dairy food, such as milk or cheese. They usually drink **(h)** ..... green tea. It's really healthy and it tastes good! Do they eat **(i)** ..... fast food in Japan? Some people do. **(j)** ..... young Japanese people like eating **(k)** ..... burgers, chips and pizzas. How **(l)** ..... healthy food do you eat?

LIVEWORKSHEETS

☆☆ Find and correct the mistakes in the sentences.

1 You should to have a good breakfast every day.

.....

2 What she should do after lunch today?

.....

3 You shouldn't try this cake. It's delicious.

.....

4 Do we should make some sandwiches for lunch?

.....

5 He not should eat so fast. It's not healthy.

.....

Read the blog post. Reply to Oli and give him five more pieces of advice for the underlined information. Use *should* or *shouldn't*.

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Please help me. I'm tired all the time. I finish my homework at 10 pm, so I always eat late. I always just have a cheese sandwich for dinner because I can make it easily. I usually drink lemonade all day. And I drink tea before I go to bed. I eat a lot of chocolate during the day because it gives me energy. I go to bed at 1 am, but I don't sleep well.

What should I do?

Oli

Dear Oli,

1 *You should start/finish your homework earlier.*

2 .....

3 .....

4 .....

5 .....

6 .....

Good luck!

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