Form 9 Units 5-6

"You made it! Take care of yourself.

за Prepared

Test

Listening.

1. Listen to the recording and decide whether the statements are True (T) or False (F).

1. The students wanted to turn unwanted objects into something useful instead of putting them in the rubbish.

2. Before changing the classroom, the students made a plan showing how they wanted it to look.

3. Daniel helped the group by making new clothes for the students.

4. The students had to construct part of the workshop again because it was damaged by bad weather.

Listen again and choose the correct answer (A, B or C).

5. What did the students do to the old furniture before using it?

A. They bought new furniture to replace it.

B. They repaired the damaged parts.

C. They changed its size and gave it away.

6. How did the students make the workshop more personal?

A. They added decorations and changed some objects to suit their preferences.

B. They asked a professional artist to decorate the room.

C. They bought expensive furniture and modern equipment.

7. What did the students do with plastic bottles and wooden boxes?

A. They collected them and took them to a special factory.

B. They used them to make different useful objects.

LIVEWORKSHEETS

C. They cleaned them and gave them to other schools.

8. Why did the students need two extra days to finish the project?

A. They didn't have enough materials to complete the decorations.

B. Their teacher asked them to change the original plan.

C. Part of the building needed to be constructed again after a storm.

Reading

2**. Read the text and complete the tasks.**

A Week Full of Health Problems

Last week was probably the worst week of my school year! It all started on Monday morning when I woke up with a terrible headache. My whole body seemed to hurt, and I felt very tired. My mum noticed that I was not feeling well and told me to stay at home. I also had a cold, so I kept making sudden sounds from my throat and had to use tissues to clean my nose. Sometimes it was difficult to take air in and out normally because my nose was blocked.

On Tuesday, I felt a little better, but I was still weak. I spent most of the day on the sofa, watching films. I often closed and opened my eyes quickly because the bright light from the television hurt them. I also couldn't stop opening my mouth wide when I was tired. My mum said it was a sign that I needed more sleep.

Unfortunately, Wednesday brought another problem. While I was helping my dad in the kitchen, I accidentally touched a hot baking tray. My hand became red and painful. Later, when I was cutting some vegetables, I also hurt my finger with a kitchen knife. Luckily, the injury was not serious, but a little red liquid came out of the small wound. Dad quickly cleaned it and put a plaster on it.

By Thursday, I was feeling much better. My temperature was normal, and I had more energy. My mum told me that my heart was working normally again and that I was getting stronger. She still didn't want me to go to football practice,

LIVEWORKSHEETS

though. She explained that after an illness or an accident, the body needs time to become healthy and strong again.

On Friday, I finally returned to school. My friends were happy to see me, and I was glad to be back. I realised that even small health problems can make everyday life difficult. Now I know that taking care of yourself and getting enough rest are very important!

Read the statements and decide whether they are True (T) or False (F).

1. On Monday, the boy experienced pain in his head and felt uncomfortable in his body.

2. The boy had difficulty taking air in and out because his throat was sore.

3. On Wednesday, the boy had two small accidents while helping his father prepare food.

4. His mother allowed him to return to sports activities as soon as he started feeling better.

Choose the correct answer (A, B or C).

5. What did the boy often do with his eyes while watching television?

A. He moved them from side to side.

B. He quickly closed and opened them.

C. He kept them closed for a long time.

6. What happened when the boy touched the baking tray?

A. His hand became red because of the high temperature.

B. He injured his hand with a sharp object.

C. His hand started to bleed heavily.

7. What did the boy's father do after the kitchen accident?

A. He took his son to hospital immediately.

B. He put some medicine on the boy's hand and covered the wound.

LIVEWORKSHEETS

C. He washed the injury and covered it with a small adhesive strip.

8. Why did the boy's mother advise him not to attend football practice?

A. She thought physical activity could make his recovery slower.

B. She wanted him to spend more time studying.

C. She was afraid that he would catch another cold from his teammates.

Writing

3. Complete the sentences with the correct form of the verbs in brackets (Past Simple or Past Continuous).

1. While I _____ (walk) home, I _____ (see) an accident.

2. My parents _____ (watch) TV when the lights _____ (go) out.

3. It _____ (rain) heavily while we _____ (travel) to London.

4. She _____ (not / understand) the question because she _____ (not / listen) to the teacher.

Complete the sentences with the correct modal verb (must, should, ought to or have to). Use the correct form where necessary.

1. You _____ eat more fruit and vegetables if you want to stay healthy.

2. Students _____ wear a uniform at this school. It is a school rule.

3. You _____ see a doctor if you have a high temperature.

4. We _____ be quiet in the library. It is forbidden to make noise here.

LIVEWORKSHEETS